

## Mental Health Webinar Questions & Answers: Calgary Zone

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General themes covered by this document:

- Alcohol Use Disorder Pathway
- All about ortho: Fractures - who should you call and why
- Opioids

Please see the accompanying slides / webcast video for full context.

| Question  | Answer  |
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| <b>Theme: Alcohol Use Disorder Pathway</b>  |   |
| 1. Where can you get these pathways charts (Alcohol use disorder pathway)?  | It will be on Specialistlink.ca soon, but at the moment your PCN medical director will have the current draft. You can also see the attached slides from today. |
| 2. What was the cut off for FIB-4?  | <1.3  |
| 3. Does alcohol intake affect SWE acutely? I read on the NAFL guidelines that people were supposed to abstain for 2 weeks prior | This is a good question; stay tuned for more information once the pathway is published.   |
| 4. Canada guideline said low risk is 0-2 drinks/week, and do we go with 0-7 drinks for low risk now?                            | The 0-7 number was a practical guideline.   |
| <b>Theme: Ortho / fractures</b>   |   |
| 5. When I called podiatry with displaced fracture of the 5 the MT was told to call ortho as fractures go to ortho. Please guide | It may vary among podiatrists, but this is appropriate for RAAPID consult   |
| 6. Can we refer to the cast clinic from the community?  | You need to talk to the on call ortho and they will approve and direct where to send referral   |
| 7. How do you suggest sourcing the airboot?   | Most big pharmacies have them; COOP home health or equivalent   |

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| 8. What is arthritis 101?  | This is from the GLAD program - training provided to ++ physiotherapists who can offer this program                             |
| 9. Are patients prioritized by severity/level of dysfunction i.e., will they jump the line if they try conservative Mx first and wait to be referred when more appropriate or do they just join the line-up? | Yes! Optimize surgical risk changes the "why" scenario for patient  |
| 10. Where do we send patient for offloading braces?  | Colman orthotics is one site or cascade orthotics will have them, among others  |
| <b>Theme: Opioids</b>  |   |
| 11. Where can I get more information?  | Please see the recording of the webinar that will be posted to <a href="http://www.specialistlink.ca">www.specialistlink.ca</a> |