

From the CMO & CNO

Sept. 24, 2026

Dear Colleagues,

September 30 marks National Day for Truth and Reconciliation — a day to remember the children who never returned home and the Survivors of residential schools, and to honour the strength, resilience and enduring cultures of First Nations, Métis and Inuit Peoples in Canada.

It is also an opportunity to reflect on our responsibilities, deepen our understanding of the Truth and Reconciliation Commission's [Calls to Action](#), and recognize how oppression and racism continue to impact Indigenous Peoples within our health system, workplaces and communities.

As we reflect on the significance of this day, I want to acknowledge the important work of Primary Care Alberta's Indigenous Primary Healthcare team. Through their leadership, advocacy, and partnerships with Indigenous communities, the team is helping to advance culturally safe, equitable and responsive healthcare while supporting meaningful reconciliation within our health system. Their work reminds us that reconciliation is not a destination. It is an ongoing commitment grounded in listening, learning, humility and action.

Awareness, allyship and action

Allyship extends beyond moments of reflection or recognition. It is demonstrated in the choices we make and how we show up every day. We can listen to and learn from Indigenous perspectives, create culturally safer spaces, challenge racism and bias, and advocate for equitable care and outcomes. Each of these actions moves reconciliation forward.

Awareness is where we begin. Meaningful change comes from what we do next. Let's actively champion and support Indigenous voices and leadership and ensure Indigenous perspectives are reflected in our decisions and our work. In doing so, we can turn our commitment into action and contribute to lasting change.

Please join me in recognizing the National Day for Truth and Reconciliation and renewing our commitment to learning and unlearning, allyship, cultural safety and anti-racist action.

More information can be found at [Information for Indigenous health | Primary Care Alberta](#). Thank you for taking the time to reflect on this important day and on the role each of us can play in advancing reconciliation and improving health outcomes for Indigenous Peoples.

Kind regards,

Dr. Michael Spady
Chief Medical Officer
Primary Care Alberta

Kim Hogarth
Chief Nursing Officer, Allied Health & Health Professions
Primary Care Alberta