

Calgary Zone

# COVID-19 UPDATES



## Restrictions lifted, mandatory isolation in place

Mandatory isolation for COVID-19 core symptoms or a positive test remains in place in Alberta, despite the lifting of health measures earlier this week.

Alberta moved into step two of its reopening plan on Tuesday, March 1, which resulted in limits on social gatherings being lifted, as well as remaining school requirements. [More information](#).

However, mandatory isolation periods are still in effect, as follows:

- Five days at home and five days of continued masking for fully vaccinated individuals
- 10 days for unvaccinated individuals and those who are not fully immunized ([more details](#))

[Isolation requirements](#).

Step three, in which mandatory isolation becomes only a recommendation, is due to come into effect at a time to be determined, based on hospitalization rates continuing to trend downwards.

**Pediatric vaccination:** Clinics in Calgary and the surrounding area are now offering walk-in appointments for pediatric vaccination (ages five to 11). Opening hours and dates vary.

[Click here](#) to search for clinics by community.

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## Reminder: Family Medicine Summit

A reminder that the 67<sup>th</sup> Family Medicine Summit, hosted by ACFP, takes place from Friday, March 4 to Sunday, March 6. It includes a presentation on Paxlovid in primary care. [More details](#).

**Nominate a colleague:** The Alberta College of Family Physicians (ACFP) is now accepting nominations for its 2021 awards program, which includes the annual family physician of the year award. The deadline for submissions is Friday, April 1. [More information](#).

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## Quick links

### Updated testing, screening guidelines

AHS has updated its testing and screening documentation for Non-Designated Supportive Living. [More information](#).

Physician/provider information:  
[ahs.ca/covidphc](https://ahs.ca/covidphc)

Patient information:  
[ahs.ca/covid](https://ahs.ca/covid) | [alberta.ca/covid19](https://alberta.ca/covid19)

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8:41 a.m., March 4, 2022

**Report: Healthcare provider burnout**

The latest Scientific Advisory Group report features a focus on managing and preventing healthcare provider burnout. [Read the report.](#)

**PPE price list**

A reminder that AHS maintains a price list for PPE orders submitted directly by physicians and clinics. [More information.](#)

**Constipation webinar**

On Thursday, April 7, from 7-8:30 p.m., the latest University of Calgary webinar on gastrointestinal and liver issues focuses on adult and pediatric constipation. [More information.](#)

**Reminder: COVID Corner**

On Thursday, March 24, from 7-9 p.m., COVID Corner returns with *Reflections After Two Years on the COVID Rollercoaster*. [More information.](#)