

primary cares

News & updates from the Calgary Zone



Unlocking mental health support: Database

Physicians, nurse practitioners, staff and teams can now access a [database](#) that lists options for addiction and mental health assessment, treatment and support in the Calgary area.

The Access Mental Health Resource Database, [available via Specialist Link](#), allows users to search hundreds of up-to-date listings for both AHS and community-based resources, in both rural and urban locations.

The tool, made available to primary care providers and staff for the first time this week, was featured in Monday's Calgary Zone webinar. During the webinar, Access Mental Health's Valerie Walton explained how the tool works in a primary care setting. You can [download that video here](#), check out the [Q&A on Specialist Link](#) or consult the [detailed user guide](#). Please note: The database is not for patients.

Calgary Zone webinar: A recording of the Calgary Zone's latest webinar can now be [watched online](#). The virtual event, which took place on Monday, May 15, was viewed live by more than 150 physicians, staff and team members. It featured the following:

- Access Mental Health Resource Database, with Valerie Walton ([skip to 4:51](#))
- Colon cancer guidelines, with Dr. Bob Hilsden ([skip to 43:07](#))
- Hot topics, with Dr. Christine Luelo ([skip to 1:20.17](#))
- Facilitated access to specialty treatment, with Dr. Julia Carter ([skip to 1.25:24](#))

A [physician Q&A](#) and [slides](#) are also available. The next webinar is scheduled for Monday, September 25. [Register](#).

Reminder: Mental health support survey

The challenge of caring for patients' mental health needs is the focus of a new [Calgary Zone primary care survey](#). The Zone is keen to hear from physicians and nurse practitioners who are willing to share their perspectives on the resources available to both clinicians and patients.



The results will help inform the development of mental health programs and services in the Calgary Zone. The survey takes about 15 minutes and will be open until Wednesday, May 31. A \$50 grant-funded honorarium is available upon completion. [Take the survey](#).

Lab results: Use IDs on requisitions

A reminder that community providers who order lab tests or submit specimens for testing need to include Connect Care [IDs](#) on requisitions. Failure to do so may result in patients receiving results (via MyHealth Records) before providers.

Requisitions should contain the authorizing provider's full name, the clinic name, address, and [submitter ID](#), plus the [provider ID](#). [More information](#).

For support, call the provincial service desk at 1-877-311-4300 (select #1 for clinical applications, #1 for Connect Care; have your PraeID available).

Neurology central access and triage

A reminder that Calgary neurology clinics are no longer accepting direct referrals. As per the [access pathway available via Specialist Link](#), all referrals must be sent to Neurology Central Access and Triage via Connect Care or faxed to 403-476-8771.

All referrals should contain a neurological exam, physical exam and history. You will receive a standard notification letter if your referral is accepted. Once it has been triaged, you can contact the program directly for more information.

Reminder: CII/CPAR acceleration grant

[Grant funding](#) is available to family physicians interested in the Community Information Integration and Central Patient Attachment Registry, also known as CII/CPAR.

The initiative enables physicians and teams to share patient information to Alberta Netcare directly from their EMR. Payments are available on a first-come, first-served basis as part of the \$12 million grant included in the [AMA agreement](#). Physicians must be on a fully conformed EMR. [More information](#). You can submit an [expression of interest](#) to join CII/CPAR.

Quick links

Dialectical Behavioural Therapy video

A DBT training video aimed at medical office assistants can be [watched via Specialist Link](#). The

video, featuring Dr. Elaine Bland, is one of several videos made available as part of the Calgary Zone's mental health initiative. [More information](#).

Wildfire resources

AHS has compiled wildfire-related resources that may be helpful for providers and patients:

- [AHS wildfire resources](#)
- [Air quality map](#) in Alberta
- [Text4Hope](#): mental health support site, including downloadable posters
- [Alberta Health Services wildfire mental health resources](#)

Trauma-informed care event

On Thursday, June 8, from 5:30–7:45 p.m., a 90-minute in-person session on *Trauma-Informed Care* will be held at the Hotel Blackfoot. Participants will learn the foundational principles of trauma-informed care and tools to provide a safer environment for staff and patients. Space is limited. [Register](#).