

Specialist Link: Updated pregnancy-related pathway

An updated and renamed Calgary Zone primary care pathway is now available on Specialist Link — *Retained Products of Conception Primary Care Pathway*.

Formerly known as the *Bleeding After Pregnancy Primary Care Pathway*, the pathway underwent a review and updates, including the name change.

The revised pathway provides guidance on the assessment and management of the placental or pregnancy tissue that persists in the uterus following a pregnancy event.

You can find the updated pathway on Specialist Link's clinical pathways and resources web page or under the gynecology or obstetrics specialty listings on the homepage.

Review the pathway.

New module for trauma-informed care with Indigenous Peoples

A new module, Trauma & Violence-Informed Care with Indigenous Peoples, is now available through the Trauma & Violence-Informed Care (TVIC) eLearning Series.

The series provides practical strategies and essential knowledge for applying trauma and violence-informed approaches across diverse settings.

The new module's learning objectives:

- Describe what sets trauma and violence-informed care with Indigenous Peoples apart from general principles of trauma and violence-informed care, based on historical and colonial factors
- Identify the ways in which intergenerational trauma is transmitted and how trauma impacts health, health experiences, and interactions with the healthcare system
- Recognize the ways that traditional knowledge and Indigenous wisdom function in a healing capacity
- Apply new understandings about culturally safe ways to work with Indigenous Peoples, including staff and families

Get more details.

Recovery Alberta: Revised mental health training

Recovery Alberta's Provincial Addiction & Mental Health Curricula & Experiential Skills (PACES) Learning Pathway is a free online education program that provides accessible, self-paced, and personalized addiction and mental health training for all skill levels.

The program has been revised to include:

- An updated and expanded set of eLearning modules in the Developing Phase
- A new phase, Fostering Practice Excellence Phase, featuring the new Clinical Supervision & Practice Support Toolkit and accompanying tools for supervisors and supervisees

Support wise use of antibiotics

As a trusted healthcare provider, you help patients understand when antibiotics are needed and when other approaches are more appropriate.

The Do Bugs Need Drugs program from Primary Care Alberta can help support conversations about antibiotic use, infection prevention, and symptom management with the program's guide for all Albertans, which is available in over 25 languages.

Reminder: FAST urology updating referral requirements

Effective Tuesday, Dec. 1, referrals for Calgary Zone Urology must meet all provincial pathway-specific mandatory referral criteria and investigations before they can be triaged.

To find the relevant requirements and pathways, you can use:

- The updated urology access pathway and linked information on Specialist Link
- Alberta Referral Directory's service profile for Urology Centralized Access - Facilitated Access to Specialized Treatment (FAST), which has pathway links near the top of the web page and for each routine reason for referral
- Alberta's Pathway Hub by searching for urology and filtering by clinical pathway for the relevant results

Completion of mandatory referral requirements supports appropriate triage, improves referral quality, and helps ensure timely access to specialist care.

Until Monday, Nov. 30, FAST will:

- Continue forwarding urology referrals to specialist offices to avoid delays
- Notify referring providers of any missing mandatory requirements

During this transition period, referring providers are responsible for ordering and ensuring completion of the identified mandatory requirements while patients await their urology appointment.

Please send the completed requirements directly to the specialist office — not FAST.

Quick links

PPIP: Quality improvement basics
On Monday, Nov. 16 at 6 p.m., join *Quality Improvement Basics: Keeping it (Small+) Simple*, a one-hour webinar followed by a 30-minute Q&A, from the Alberta Medical Association on the basics of quality improvement (QI) in medical practice and the steps to complete a Physician Practice Improvement Program (PPIP) QI activity. Register.

Build confidence in supporting infertility
On Tuesday, Nov. 24 at 7 p.m., the Calgary West Central PCN invites Calgary Zone physicians and their clinic staff to join a 90-minute webinar featuring an infertility specialist on optimizing fertility and local programs from the Calgary Regional Fertility Program and the Pregnancy and Infant Loss Support Centre. Register.

PCN Pain Rounds
On Thursday, Nov. 26 at 5:30 p.m., the next 90-minute webinar in the PCN Pain Rounds series focuses on techniques for pain relief in chronic abdominal pain with related evidence and interventions. Register.

PPIP: Virtual care excellence
On Thursday, Dec. 3 at 6 p.m., the Alberta Medical Association is hosting a 90-minute webinar that will explore the *Virtual Care Standard of Practice* and assist physicians in completing the action plan to fulfil the standard of practice QI activity. Register.

PPIP: Working through conflict
On Monday, Dec. 14 at 6 p.m., the Alberta Medical Association is hosting a 90-minute webinar on taking your interpersonal conflict management skills to the next level and completing a PPIP action plan; it is designed for any PPIP-required activity. Register.