

# primary cares

News & updates from the Calgary Zone



## Recording: Calgary Zone webinar

A recording of the Calgary Zone's *Primary Care Hot Topics* webinar can now be [watched online](#).

The virtual event, which took place on Monday, September 12 and was watched live by more than 350 physicians, teams and staff, featured the following segments:

- Alberta Medical Association President Dr. Vesta Michelle Warren on the potential physician agreement ([skip to 3:53](#))
- Mental health apps, with Jason Mumme ([skip to 21:44](#))
- COVID-19, immunization and monkeypox, with Dr. Jim Kellner ([skip to 44:18](#))
- Tips and tricks for getting your patient in to see a gastroenterologist ([skip to 1:17.24](#))
- Other primary care hot topics ([skip to 1:52.43](#))

[Click here](#) to complete the webinar survey.

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## Hepatitis B exposure risk

About 1,500 patients who received care via the Calgary Midwives Collective are being notified of a potential hepatitis B risk due to improperly sterilized medical equipment.

Although the risk is considered very low, Alberta Health Services is advising patients who received prenatal, delivery and/or post-natal care to call their doctor and arrange for testing. For information about sequential testing, please [read the memo](#).

Patient enquiries can be directed to 811.

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## Bivalent boosters available next week

Effective Wednesday, September 21, Albertans aged 18 and over will have the option of receiving a COVID-19 bivalent booster dose.

Those who have completed a primary series of COVID-19 vaccine (which includes a mix of AstraZeneca, Pfizer and Moderna) are eligible. The recommended interval is a minimum of five months from the last dose or previous infection.

Effective Monday, October 3, the bivalent booster will be offered to residents of congregate care facilities, along with the influenza vaccine.

The bivalent vaccine triggers a stronger immune response and provides additional protection against Omicron and the original SARS-CoV-2 strain. [More information.](#)

Bookings can be made [online](#) or by calling Health Link at 811.

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## **Reminder: 56<sup>th</sup> annual Mackid lecture**

On Tuesday, September 27, from 5:30–9 p.m., the 56<sup>th</sup> annual Mackid lecture will focus on identifying and challenging our anti-Indigenous bias as physicians.

The event, which will be held at the Best Western Premier Calgary Plaza Hotel, includes a dinner and the Department of Family Medicine Physician Awards.

The lecture will be led by Dr. Pam Roach and Dr. Lindsay Crowshoe. [More information.](#)