Updated: COVID-19 pediatric pathways

The Calgary Zone's pediatric COVID-19 pathways have been updated to reflect changes in isolation and quarantine guidelines, as well as the vaccination status of patients.

The most significant changes were made to the pediatric isolation and testing algorithm, which is for close contacts. The updated version reflects guidance related to whether patients are fully vaccinated, partially vaccinated or not vaccinated.

The pediatric outpatient clinical management pathway, built to support the care and management of probable and confirmed COVID-19 cases, has also been updated to reflect isolation and quarantine requirements. In addition, it references options now that the specialistlink.ca COVID-19 pediatric tele-advice line has been discontinued.

Physicians are advised to consult the following pathways for the care and management of COVID-19 patients (please refresh your browser if you have downloaded pathways in the past):

- Adult COVID-19 pathway
- <u>Pediatric isolation and testing pathway</u> (close contacts)
- <u>Pediatric outpatient clinical management pathway</u> (probable or confirmed cases)

Feedback is appreciated. Please contact info@calgaryareapcns.ca with questions, comments or concerns.

Myocarditis, pericarditis following immunization

Alberta is monitoring cases of myocarditis and/or pericarditis following COVID-19 vaccine.

It is recommended that all Albertans aged 12 and over continue to receive the COVID-19 vaccine, as the benefits outweigh the risks. Alberta Health is advising the following:

- Those receiving an mRNA vaccine should be informed of the very rare risk of myocarditis and/or pericarditis
- Patients are advised to seek medical care and inform their provider about recent COVID-19 immunization, if they develop symptoms that could include chest pain or pressure, shortness of breath, or the feeling of a rapid or abnormal heart rhythm
- Individuals who experience myocarditis and/or pericarditis after a first dose should discuss decisions around the second dose, including timing, with their clinician. In general, they are advised to defer. However, a second dose can be considered in specific circumstances.

More details.

Online vaccine hesitancy guide

A new guide is available to primary care providers that aims to support conversations with patients about COVID-19 vaccines.

The <u>Vaccine Hesitancy Guide</u>, developed with clinicians, includes advice, scripts and resources. The webbased guide is organized by hesitancy types and includes a clinical pearls section.

More information.

Serology testing

Serology for COVID-19 has been made available for serosurveys and research but should not be used for diagnosis of acute COVID-19 infection.

There are no recommendations at the time of writing to support post-immunization serology testing.

Read the lab memo.

Vaccination clinic updates

Alberta Health Services is planning to close its rapid flow vaccination clinic at the TELUS Convention Centre in Calgary on Friday, July 30, due to diminishing demand.

Albertans can visit the <u>AHS</u> and <u>Alberta Health</u> booking pages to review their options, which include AHS clinics (some of which offer drop-in appointments), family physicians (<u>Alberta Find a Doctor</u>) and <u>pharmacies</u>.

COVID at the Cabin series

The University of Calgary is hosting *COVID* at the Cabin summer sessions, which are available online. Topics include a vaccine update and a session on vaccine hesitancy.

More details.

COVID-19 webinar

On Wednesday, July 28, at 5 p.m., Alberta's Chief Medical Officer of Health, Dr. Deena Hinshaw, will be the keynote speaker at *Alberta's Road to Recovery: Moving from Pandemic to Endemic and the Importance of Primary Health Care.*

Register.