



CanREACH

**A SMALL INVESTMENT OF YOUR TIME
COULD CHANGE A CHILD'S LIFETIME**

A Continued Medical Education (CME)
Mini-Fellowship training program licensed and
developed by The REACH Institute

PATIENT-CENTERED MENTAL HEALTH IN PAEDIATRIC PRIMARY CARE (PPP) PROGRAM

The **PATIENT-CENTERED MENTAL HEALTH IN PAEDIATRIC PRIMARY CARE PROGRAM**, adapted for Canadian Primary Care Providers, consists of:

- 1. TWO DAY WORKSHOP** - a dynamic and interactive 2 day (15 hour) course that uses a combination of intensive face-to-face teachings and hands-on practice
- 2. SIX MONTHS BI-WEEKLY CALLS** - ongoing case-based program using distance learning methods

PARTICIPANTS LEARN TO

- Identify and differentiate among paediatric mental health concerns
 - Childhood depression, ADHD, bipolar disorder, anxiety, aggression and psychosis
- Effectively manage psychopharmacology
 - Selecting, initiating and tapering medication, monitoring change, and identifying and minimizing side effects
- Create and implement treatment plans
 - Mobilizing existing resources and natural and professional supports

UPCOMING VIRTUAL SESSIONS

May - November 2024

Virtual Workshop: May 24th & 25th, 2024

Followed by 6-months of bi-weekly case consults

WORKSHOP OUTLINE

FRIDAY (8:00 am - 4:30 pm)

Common Grounds and Gaps
 Psychopharmacology Overview
 Assessment including Tools to Use
 Assessment/Treatment
 Anxiety Understanding FDA
 Boxed Assessment/Treatment
 Depression Bipolar
 DisorderWarning

SATURDAY (8:00 am - 4:00 pm)

Assessment/Treatment ADHD
 Assessment/Treatment Aggression
 Psychosis
 Adverse Effects/Monitoring
 Atypicals Billing and Next Steps

OUT OF PROVINCE REGISTRATION

Participation in the CanREACH mini-fellowship training is restricted to Primary Care Providers residing and practicing in Alberta, in accordance with our programs funding parameters. DO NOT register for this course if you are not an Alberta based Primary Care Provider. If you reside outside of Alberta, we suggest that you directly contact The REACH Institute, [https:// thereachinstitute.org/](https://thereachinstitute.org/), to learn more about what options they have for attending a mini-fellowship training outside of Alberta, or other options for training, that they offer. Additionally, you may contact us to have your name added to an 'out of province providers expression of interest' list that we keep should our parameters around participant registration change in the future.

This event is an accredited learning program as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the University of Calgary Office of Continuing Medical Education and Professional Development for a maximum of 26.5 hours Group Learning Activity (Section 1) and 7 hours Self-Assessment Program (Section 3). This Group Learning program has been certified by the College of Family Physicians of Canada for up to 81 Mainpro+ credits.

REGISTRATION FEE

\$800

LEARN MORE AT
canreach.mhcollab.ca/

For Registration, please contact:

Ph: 403-955-1104
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