

Dec 13 Webinar

General themes:

- Psychedelics, Omicron + pediatric immunization, Specialist Link

Speakers

Drs. Valerie Taylor, Jim Kellner, Rick Ward, Christine Luelo, Mike Trew, James Watson, Kerri Novak, Paul Macmullen, Peter Lewkonina

Questions	Answers
Is Ketamine just for major depressive disorder or other mood disorders as well?	Indicated as 3rd line for major depressive disorder in patients who have not responded to conventional antidepressants. Some evidence for PTSD, and anxiety. Usage may be limited by side effects. Avoid in hx of psychosis/mania, not for bipolar d/o (evidence is not available as yet)
In other provinces, although there is a recommendation of 8 weeks between doses, they are allowing children 5-11 years old to be vaccinated with 2 nd doses after 3-4 weeks. Why has this not been offered in Alberta?	The recommendation of an 8-week interval is based on a better immune response and less risk of myocarditis/side effects with a longer time frame. If a family is requesting a shorter interval, it could be considered in a shorter time frame, but this will vary between clinics as an operational decision.
If kids age 11 are turning 12 in the new year, should they wait to get the adult dose vs child dose? Is there an advantage one way or the other?	It depends how long they will need to wait. If it is a long wait, they should get a dose sooner. The dosing is more related to the status of the immune system. If they get the pediatric dose (10mcg), they can get the adult dose (30mcg) for their second dose.
If the 11 year old receives the child dose for their first vaccine, and then turns 12 before their next dose, should they get the adult dose for their second dose, or another child dose?	Yes, they should get the 30 mcg - but still considered immune if 10 mcg and 10 mcg were given
For the 5 year old group, is it the year they turn 5 or have to be after their 5 th birthday?	This definition has not been made yet. Updated information will be available on alberta.ca when it does become available.
Boosters: for a patient that has had AstraZeneca X1 and Pfizer X2 (for travel)- should they get a 4 th shot as a booster or is their 2 nd Pfizer enough?	Currently 4 th doses are not being offered in Alberta. Recommend checking back at alberta.ca for further guidance as this becomes available.
Can you comment on third/booster doses. Is it better to get the same one as the first two (i.e. Pfizer X3) or mix and match?	(awaiting response)
At what level will we get to 'herd immunity' and will we just have covid seasons vs waves?	(awaiting response)

I'd be interested in your opinion re: aerosol and types of masks- patients asking now that medical grade masks are more available. Seeing many using N95.	(awaiting response)
I'm curious your thoughts on Specialist Link vs Netcare eReferral. I use both often but is there a better way to decipher which is better for what?	<p>This comes down to patient need, preference and workflow in your clinic. Turn around time for eReferral is 5 days, vs 1 hour for Specialist Link, so depending on when you need the answer this would be the starting point. The other difference is the ability to get synchronous vs asynchronous advice- which is a user preference.</p> <p>On the new specialistlink.ca website, you will be able to see what services are available for each specialty, which may help in your decision making of which service to use.</p>
Will there ever be an option to include the patient's PHN in our page via Specialist Link?	This is in the works- just going through privacy with a PIA submission.