



Message from the CMO

To our valued primary care providers:

As you may have patients and families asking questions about the safety of acetaminophen (Tylenol) use during pregnancy, I want to offer references which may help you support your patients. As a physician I recognize the concern and emotional impact recent conversations may have on families – especially those raising children with autism.

Primary Care Alberta fully supports the [Society of Obstetricians and Gynaecologists of Canada \(SOGC\) and their reaffirmed position](#): *Acetaminophen remains a safe and appropriate first-line option for managing fever and pain during pregnancy when medically indicated, at recommended doses and for the shortest duration necessary.*

[The SOGC](#), alongside other international bodies such as the American College of Obstetricians and Gynecologists (ACOG) and the European Network of Teratology Information Services, has reviewed the available evidence and concluded that claims of a causal link between prenatal acetaminophen exposure and ASD are fundamentally flawed and unsupported by robust data. It's worth noting that the SOGC has over 4000 members, including obstetricians, gynaecologists, family physicians, midwives, nurses and allied health professionals.

In addition, [Health Canada has issued a public advisory](#) saying that it is still recommending acetaminophen as a treatment for fever and pain during pregnancy.

As trusted providers, your role in guiding patients through these concerns is invaluable. We encourage you to:

- **Support evidence-based decision-making** around over-the-counter medication use.
- **Validate the emotional responses** patients may experience—confusion, doubt, frustration, anger, or guilt are all normal reactions to conflicting information.
- **Create space for compassionate dialogue**, rooted in respect and scientific integrity.

Let us continue to stand with our patients, offering clarity, reassurance and care. Thank you for your unwavering commitment to their health and well-being.

Warm regards,

Dr. Ernst Greyvenstein
Chief Medical Officer
Primary Care Alberta