Practicing in Good Relations

A Collaborative Learning Program for Family Physicians

SHARED GOAL Strengthen structurally competent, culturally attuned, and relational primary care for Indigenous patients

LEARNING COMMUNITY | Built and strengthened through engagement across the program

- Reflection and growth
- Diverse perspectives
- Relationships and connection
- Application to practice
- Shared learning

1 E4E™ PRIMER WORKSHOP

In person | 6 hours

- Build an understanding of the Educating for Equity (E4E)™ Care Framework
- Explore structural, historical, and relational determinants of health
- Develop a shared foundation for collaborative learning and reflection

2 CASE-BASED LEARNING SERIES

4 virtual sessions | 2 hours each

- Apply the E4E™ Care Framework to real-world primary care cases
- Learn with Facilitators and Indigenous Mentors
- Build confidence and practical strategies for care

EXTEND YOUR LEARNING

My Lifelong Learning Plan (MyL3Plan™)

Optional and offered separately from PGR

- Build on learning from PGR through continued reflection and practice improvement
- Use a free online tool to meet and support the action plans required by PIPP-CPSA and earn CME credits by completing the CQI and Personal Development cycles

Continues and evolves beyond formal learning actvities

HUB ONLINE PLATFORM | The virtual home of the learning community

Supports connection between and beyond sessions

- Access materials and resources
- Ask questions and connect with facilitators
- Engage in discussion with peers
- Share tools, strategies, and practice ideas
- Reflect on learning and practice
- Access scheduled sessions and recordings

E4E™ Primer Workshop and Case-Based Learning Series

This activity has been certified by the College of Family Physicians of Canada and the Alberta Chapter for up to 14 Mainpro+® Certified Activity credits.

My Lifelong Learning Plan (MyL3Plan™)

This activity has been certified by the College of Family Physicians of Canada for up to 12 Mainpro+® Certified Assessment Activity credits.

University of Alberta Research Ethics Board | Ethics ID: Pro00146497 | Version: 04 September 2026
Study Title: Improving the clinical care of Indigenous patients with complexity in Alberta Primary Care
PI: Dr. Stephanie Montesanti

care

Indigenous Primary Health Care and Policy Research (IPHCPR) Network in Alberta

My Lifelong Learning Plan™

UNIVERSITY OF ALBERTA

CIHR IRSC Canadian Institutes of Health Research | Instituts de recherche en santé du Canada