

primary care

HOT TOPICS



HEALTH CARE
with Dr. Christine Luelo

WEBINAR: HOT TOPICS

Have your say: Health care reform

- Online feedback
- Town halls / in-person consultation



Refocusing health care in Alberta

Albertans

Prioritizing your care.

[Overview](#) [Albertans](#) [Health care professionals](#) [Shape the way](#) [How we got here](#)

You come first

Refocusing the health care system will put you first in every health care decision and give experts the right space to ensure you are getting the world-class health care you need and deserve.

Where or how you access your health services will not change.

- For a health emergency, surgery or treatment for a serious illness – patients will still go to a hospital or acute care facility
- Checkups and help with a general health concern – patients will still go to a family doctor,

<https://www.alberta.ca/albertans>

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Home care

- Collaborative conversations with home care on how to best to communicate with primary care provider
- Lots of new discharge projects (hospital at home, one care path, etc.)
- Palliative home care specific challenges
- zonemedicaldirector@calgaryareapcns.ca



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Alberta Surgical Initiative – ASI

- **Rapid Assessment clinics (RACs)** will address five conditions: Soft tissue knee problems, shoulder problems, low back pain, OA hip and OA knee
- Appropriate patients will be offered assessment when referred via FAST; no cost to the patient
- RAC assessments will include a specialized assessment, a conservative management plan (if non-surgical) and one reassessment to evaluate progress
- Patients with surgical issues will be sent to an orthopedic surgeon
- There is a plan to offer RAC assessments to appropriate patients currently on ortho wait list
- **Urology:** AHS continuing to follow up on referrals.
New fax # is 1-833-627-7023



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Alberta Surgical Initiative – ASI

- General surgery central access went live TODAY
- All general surgery referrals will now go to FAST (facilitated Access to Surgical Treatment)
- No more “whack a mole”
- We negotiated minimal requirements to allow for appropriate triage
 - See referral pathway (Specialist Link)
 - 1-page form to go with your letter allows for system tracking



https://www.kidztype.com/whack-a-mole_1711b3332.html

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Screening for life – colorectal cancer

The screenshot shows the homepage of the 'Screening For Life' website. At the top left is the Alberta Health Services logo and the text 'SCREENING FOR LIFE.CA'. On the right, there are two yellow buttons: 'Order Free FIT Kit' and 'Lung cancer risk self-assessment', with a link 'Where to Get Screened' below them. A navigation menu includes 'Breast', 'Cervical', 'Colorectal', 'Lung', 'For Health Providers', 'About Us', and 'Other Cancers'. A search icon and a 'Print this page' button are also visible. The main content area features a large green background with the title 'Screening For Life' and a paragraph: 'Getting screened for cancer regularly is the best way to find it early, before you have any symptoms and when treatment is likely to work best. Alberta currently has provincial screening programs for breast, cervical and colorectal cancer.' Below this are two yellow buttons: 'Risk Calculator' and 'Where to Get Screened'. To the right, there is a carousel slide titled 'Screen Test Mobile Screening' with an image of a mobile screening trailer and the text: 'These customized trailers provide screening mammograms to women in 120 communities across Alberta. Learn more.'



Breast Screening

Regular screening mammograms are the best way to find breast cancer early, when treatment may work better.



Cervical Screening

Up to 90% of cervical cancer can be prevented when women have regular Pap tests and follow-up on any abnormal results.



Colorectal Screening

Regular screening with FIT or colonoscopy can prevent and detect colorectal cancer at its early stages when treatment is most effective.



Lung Screening

Starting in September 2022, eligible Albertans will be able to get screened for lung cancer through the Alberta Lung Cancer Screening Program (ALCSP) 2-year pilot at 8 screening sites.



<https://screeningforlife.ca/>

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Screening for life – colorectal cancer



Alberta Health Services SCREENING FOR LIFE.CA

Order Free FIT Kit Lung cancer risk self-assessment

Breast Cervical Colorectal Lung For Health Providers About Us Other Cancers

Order Free FIT Kit

Fecal Immunochemical Test (FIT) is the recommended screening test for people aged 50 to 74 at average risk for colorectal cancer. This free, simple, at-home test checks your stool (poop) for traces of blood that you can't see. Screening for colorectal cancer can save your life. Please take the time to order your free FIT today.

For more information on how to do a FIT, please watch this helpful video. FIT kit ordering is available in additional languages by calling 1-866-727-3926

Start your Order

5 Simple Steps

- 1 Order FIT kit
- 2 Get FIT kit in mail
- 3 Collect sample
- 4 Take to lab
- 5 Get result in mail

Why FIT?



How to use a FIT Kit



Returning your FIT kit



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Screening for life – lung cancer

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The screenshot shows the 'Screening For Life' website interface. At the top, there are navigation links for 'Breast', 'Cervical', 'Colorectal', 'Lung', 'For Health Providers', 'About Us', and 'Other Cancers'. A search icon is also present. Below the navigation is a breadcrumb trail: 'Screening For Life > Lung Cancer Self-Referral'. The main heading is 'Are you eligible for lung cancer screening?'. A progress indicator shows 9 steps: 1. Eligibility (highlighted), 2. Age, 3. Medical Care, 4. Tobacco Use, 5. BMI, 6. Race/Ethnicity, 7. Education, 8. Personal/Family Health History, and 9. Results. The 'Eligibility' section contains text explaining that lung cancer screening is offered as part of a new initiative for high-risk individuals, and that low-dose CT scans are the best way to find lung cancer early. It also states that the following questions are used to estimate personal risk. Below the text are two buttons: 'Read More About Eligibility' and 'Begin Self-Assessment'. At the bottom, there is a footer with a URL and a privacy/terms link.

Alberta Health Services SCREENING FOR LIFE.CA

Order Free FIT Kit Lung cancer risk self-assessment

Where to Get Screened

Breast Cervical Colorectal Lung For Health Providers About Us Other Cancers

Screening For Life > Lung Cancer Self-Referral

Are you eligible for lung cancer screening?

1 Eligibility 2 Age 3 Medical Care 4 Tobacco Use 5 BMI 6 Race/Ethnicity 7 Education 8 Personal/Family Health History 9 Results

Eligibility

Lung cancer screening is being offered as part of a new cancer screening initiative. For people at high risk of lung cancer, getting screened with a low-dose CT scan is the best way to find lung cancer early when treatment has a better chance of working. High risk generally means people who smoked many cigarettes daily for many years, but other factors can also have an impact on your individual risk of lung cancer. Low-dose CT screening tests can have small risks from low-dose radiation. We only recommend that people who are at high risk get screened.

The following questions are used to estimate your own personal risk of lung cancer. Please answer these completely and as accurately as possible.

[Read More About Eligibility](#)

[Begin Self-Assessment](#)

The following questions will be used to help assess whether you would be a candidate for this program. It will also be used to evaluate the services we provide and for other authorized purposes under the Health Information Act (HIA)/IAH. If you are a candidate, you will be asked to provide additional information (including your Alberta

<https://screeningforlife.ca/lung-cancer-self-referral/>

Privacy - Terms

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Immunization gaps

- Routine vaccinations in Calgary Zone at 77%
- Ask often:
 - Consider role your team could play
 - Check NETCARE
- Our trusted voice still makes a difference
- Especially concerning:
 - Measles
 - Pertussis – dTap
- Newcomers can take paper records to public health for verification and entry
- Local community health center or 811
- MOH.Calgary@ahs.ca



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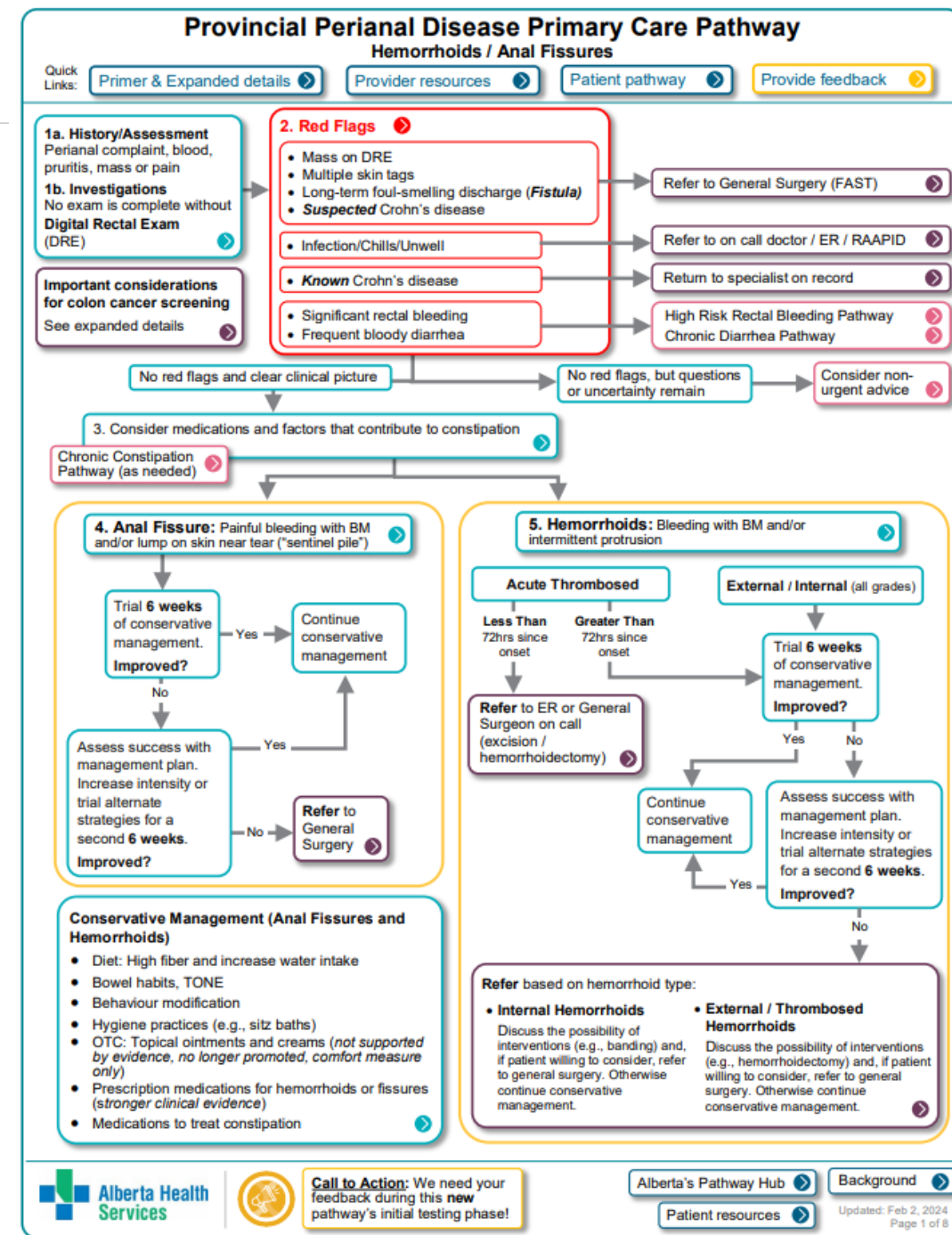
What's new on Specialist Link?

- Transgender Health tele-advice launched
- Obstetrics & gynecology, now separate tele-advice lines
- NAFLD updated
- Perianal provincial pathway added

Coming soon...

- Neurology access
- Headache & migraine
- Abnormal uterine bleeding (adult & pediatric)
- Ovarian cyst (adolescent)
- Fibromyalgia

specialistlink.ca



Q&A

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