

Calgary Zone Chronic Obstructive Pulmonary Disease Referral Algorithm

This referral algorithm provides a summary of each of the four community COPD programs that offer both education and exercise. The table below summarizes each program's inclusion and exclusion criteria to inform eligibility for referral. Check the algorithm on the second page to determine the most appropriate program based on the patient's needs.

Basic eligibility criteria for all programs are:

- Patients must have a confirmed COPD diagnosis (pulmonary function test (PFT) or spirometry), and specifically for the Integrated Home Care COPD Specialty team, COPD must be the patient's primary concern.
- Patients must be cognitively intact and must be able to at least understand and follow instructions.

Below is a summary of each program's services. If you click on the program's title or scan the QR code, you will be taken to the program's website where you can find more information.



[Alberta Healthy Living Program \(AHLP\)](#)

AHLP is an adult chronic disease management program for those with or at risk of developing chronic disease (including respiratory disease). The program offers patient education, self-management support and supervised exercise.



[Community Access Rehabilitation \(CAR\) Pulmonary Rehab](#)

The Pulmonary Rehab program is an education and exercise program for patients who have moderate to severe chronic lung disease. The program delivers self-management education and moderate-vigorous exercise at designed to optimize physical fitness



[Calgary COPD and Asthma Program \(CCAP\)](#)

CCAP provides respiratory education to patients who have chronic obstructive pulmonary disease, asthma, chronic cough and at risk smokers.



[Integrated Home Care COPD Specialty Team](#)

The Pulmonary team, as a part of Integrated Home Care, provides care management services to patients who have moderate to severe chronic obstructive pulmonary disease.

All programs **except** Integrated Home Care offer in-person and virtual services. **Patient referral criteria for each program is summarized below.**

Patient Stability		COPD Severity		Under the care of a Respirologist	
Stable ¹	Unstable	Mild ²	Moderate/Severe ³	Respirologist <u>required</u>	Respirologist <u>not required</u>
<input type="checkbox"/> AHLP <input type="checkbox"/> CCAP <input type="checkbox"/> CAR Pulmonary Rehab <input type="checkbox"/> Integrated Home Care	<input type="checkbox"/> Integrated Home Care	<input type="checkbox"/> AHLP <input type="checkbox"/> CCAP <input type="checkbox"/> Integrated Home Care	<input type="checkbox"/> CAR Pulmonary Rehab <input type="checkbox"/> AHLP <input type="checkbox"/> CCAP <input type="checkbox"/> Integrated Home Care	<input type="checkbox"/> Integrated Home Care	<input type="checkbox"/> AHLP <input type="checkbox"/> CCAP <input type="checkbox"/> CAR Pulmonary Rehab

¹ Stable - patient's condition can be managed with medication and/or routine monitoring

² Mild COPD Forced Pulmonary Expiratory Volume (FEV1) >80% predicted

³ Moderate - FEV1 <80% predicted, Severe - FEV1 <50% predicted

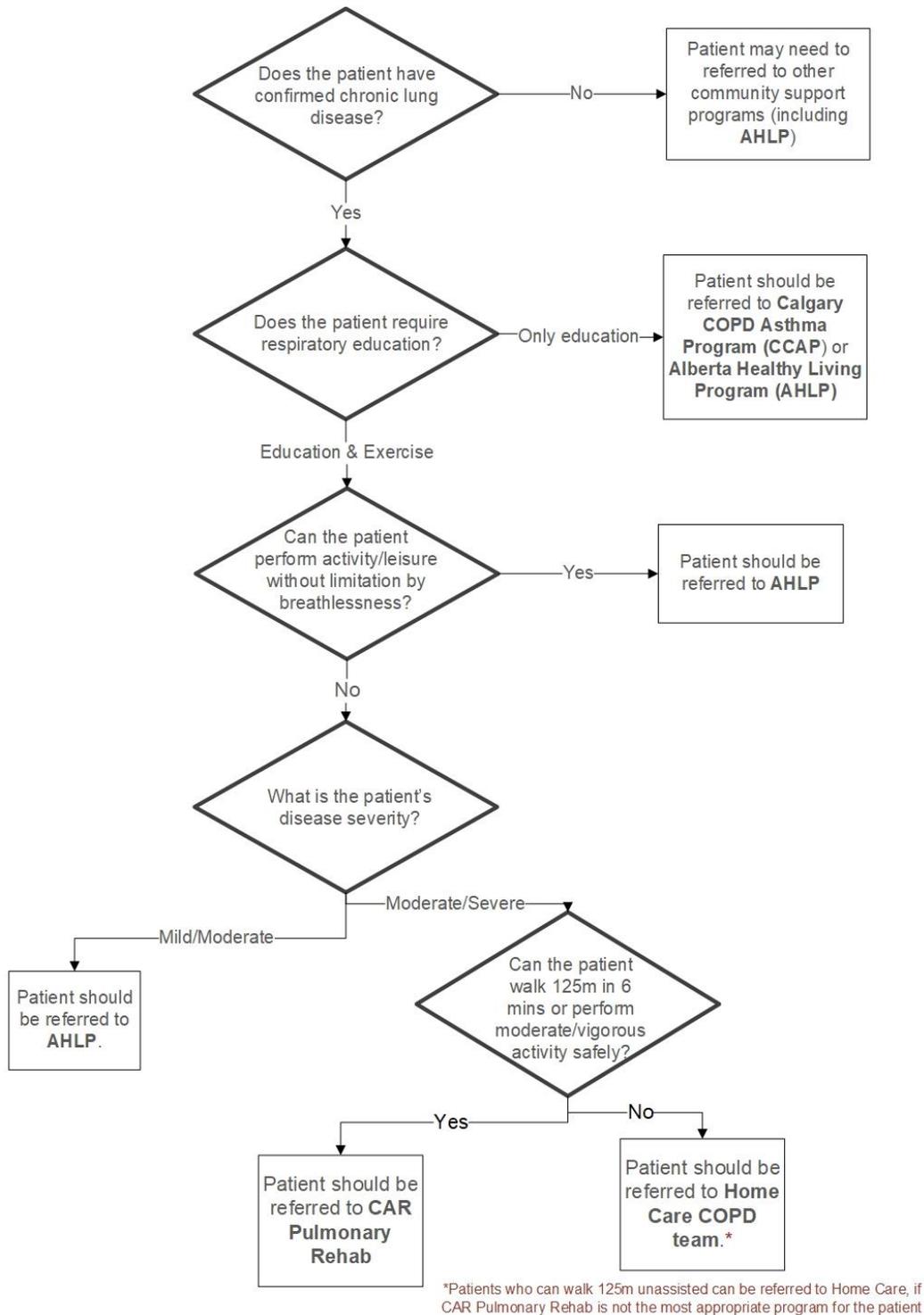
The following page provides a patient's needs algorithm to further assist in identifying the appropriate COPD community program to refer to.

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For more information: Calgary Zone Clinical Quality Improvement
CQICalgaryZone@albertahealthservices.ca

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COPD Community Resources Referral Algorithm based on Patient Needs



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