

COVID-19 UPDATES

Friday, May 15, 2020

All Calgary Zone PCNs are working together and evolving our communications to provide you information.

Due to the long weekend, the next zone [webinar](#) will be on **Monday, May 25 at 6 p.m.**, and the next Calgary Zone COVID-19 Update will be **Friday, May 22**.

We will share important or time-sensitive updates outside of this timing, if necessary, to ensure you stay informed.

Addictions services

Rapid Access Addiction Medicine Program is increasing [capacity](#) to support patients requiring addiction support in isolation.

- Home detox where appropriate
- Medication management of addiction
- Addiction-related psychiatric and medical supports

RAAM accepts [referrals](#) from all physicians in the community.

They are also increasing capacity to support patients in supportive housing, harm reduction housing, home isolation, shelters, and any other settings where it is needed.

Rehabilitation advice

A new [Rehabilitation Advice Line](#), 1-833-379-0563, can support Albertans over the age of 18 who

- Have disabilities related to neurological conditions such as Parkinson's or MS
- Have health conditions that affect muscles, bones and joints
- Are recovering from COVID-19

Allied health clinicians provide rehabilitation advice and information daily from 10 a.m. to 6 p.m.

Doctors@work



Helping patients understand their family doctor is there for them is the priority for a pan-PCN team of communicators in the Calgary Zone, working in partnership with the AMA and AHS.

You can help spread the word by participating in a fun social media campaign, doctors@work, complementing the AMA's [Stay Healthy](#) communications.

The campaign features fun photos of doctors working in non-traditional ways. Most popular so far? Doctors working at home with their four-legged assistants. To participate:

- Share and/or like posts on your PCN's social media, including Instagram, Facebook, LinkedIn and Twitter #doctorsatwork
- Take a photo of yourself working and email it to communications@cfpcn.ca (include the names of the people and pets in the photo)

If you have any questions, please contact Anika Van Wyk (anika.vanwyk@cfpcn.ca | 403-612-1259).

DI, ambulatory care

Effective **Monday, May 11**, AHS and Covenant Health [resumed](#) some diagnostic imaging and ambulatory care services.

Patients will be contacted by a clinic or instructed to use online assessment tools. **Group visits** will be virtual, but clinics may book **face-to-face appointments** to deliver essential teaching and instruction.

DI will coordinate exam booking, contacting Albertans currently on waitlists in the coming days to reschedule their exams.

Patients requiring DI exams for surgery or urgent ambulatory care and urgent DI exams deferred due to the pandemic will be given **priority**.

Quick links

Live relaunch webinar

On **Friday, May 22 at noon**, the AMA hosts, a one-hour webinar, *Primary Care's Relaunch - Practical Approaches for the "New Normal,"* on strategies to maximize capacity for clinical care. [Register](#).

COVID Corner

On **Wednesday, May 20 at 7 p.m.**, the U of C hosts a two-hour webinar, *Re-establishing Continuity of Care during COVID-19, Part Two: Priorities and Partnerships*, on care pathways, triaging and tips for virtual interaction with physicians. [Register](#).

Virtual physical exam

On **Thursday, May 21 at 7 p.m.**, the U of C hosts a 90-minute webinar, *The Virtual Physical Exam and the Power of Touch in the Virtual World*, on conducting a virtual physical exam, including virtual skin and joint exams. [Register](#).

Wellness podcast

WellDoc Alberta hosts Dr. Shannon Ruzycki, Associate Director of Physician Wellness and Vitality at the U of C, for a [discussion](#) on the impact of PPE on the front lines of the pandemic, impacts to sleep and nutrition, and strategies to manage the negative aspects.

Relaunch webinar recording

The AMA presented a 90-minute [webinar](#) on May 11 with key updates on the phased relaunch plan, *The Alberta COVID-19 Relaunch Plan: What We Know Today*, including a [four-page](#) Community Physician Provincial Relaunch Readiness Checklist.

Goals of care

Get [instructions](#) on how to complete Goals of Care Designation Orders with vulnerable patients **virtually**.