



Calgary Zone  
COVID-19 &  
mental health  
webinar  
series

# mental health & COVID-19

June 7, 2021



# MENTAL HEALTH & COVID-19

## DISCLOSURES

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**Dr. Christine Luelo**

Family Physician

### Disclosures

- Family Physician:  
McKenzie Family Practice (fee for service)
- Medical Director:  
South Calgary Primary Care Network (contract)
- Co-Chair:  
Calgary Zone Operations Coordinating Committee (contract)
- College of Physicians and Surgeons of Alberta: Assessment  
Program Advisory Committee (honorarium)
- Pharma: Nil
- 19toZERO Ambassador (volunteer)



## Vaccine in your community clinic

- The McKenzie Family Practice 99 doses in a day story
  - Countless team hours
  - One error on IDSM
  - Two “missed” patients
  - Stick to the rules (pun intended?!)
- Second doses opening up allows for a “slow burn” and this is likely the sweet spot for family practice



# COVID-19 UPDATE

## DR. CHRISTINE LUELO

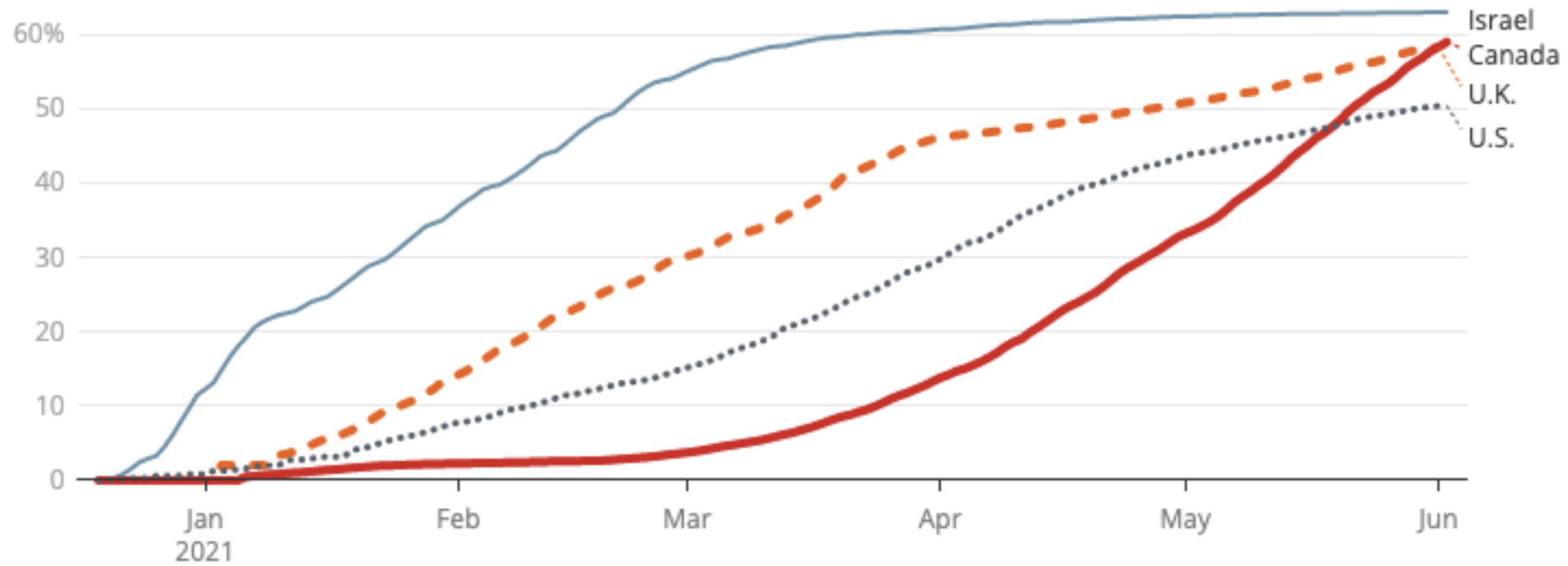


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### Per cent of population vaccinated

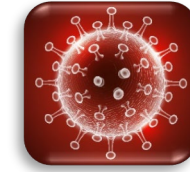
Per cent of people who've had at least one dose

Hover over or click any point in the chart to see the number on a given date



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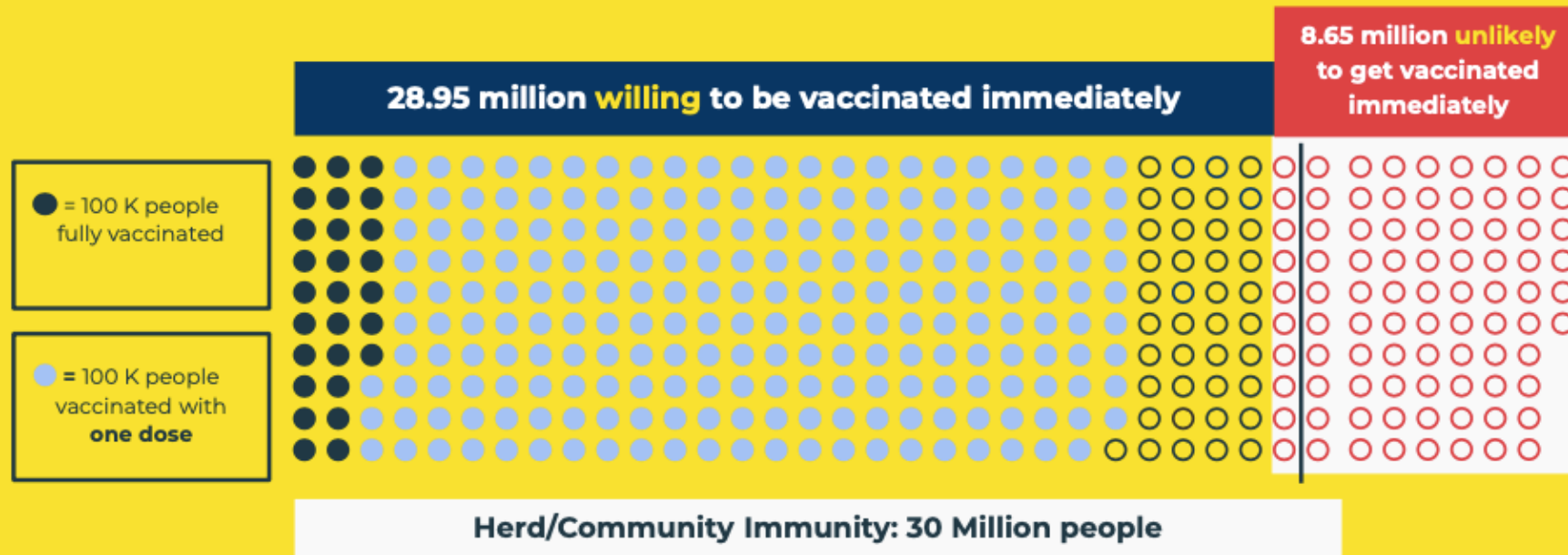
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### VACCINATION GAP: ~1.05 MILLION PERSON GAP TO REACH COMMUNITY IMMUNITY

Of 37.6 Million Canadians...

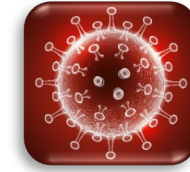


- Reaching herd immunity depends on factors including vaccine supply, rollout and uptake
- Delays in these factors will result in delays in reaching herd immunity



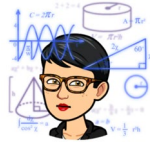
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## And speaking of data...



- Efficient outreach requires good data – HQCA reports

5

See who needs a COVID-19 vaccination. Click on  to view the personal health numbers (PHNs) of patients who have not been vaccinated.



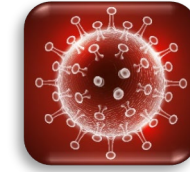
6

Export the PHNs so you can assess where patient follow-up is required.



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### Vaccine hesitancy, stay...

- FOCUSED and don't try to boil the ocean
- CALM!!!!!!
- SANE
- INFORMED but you don't need to be an expert
- ON SCRIPT – use the [PrOTCT](#) framework

SHENEMAN THE STAR-LEDGER



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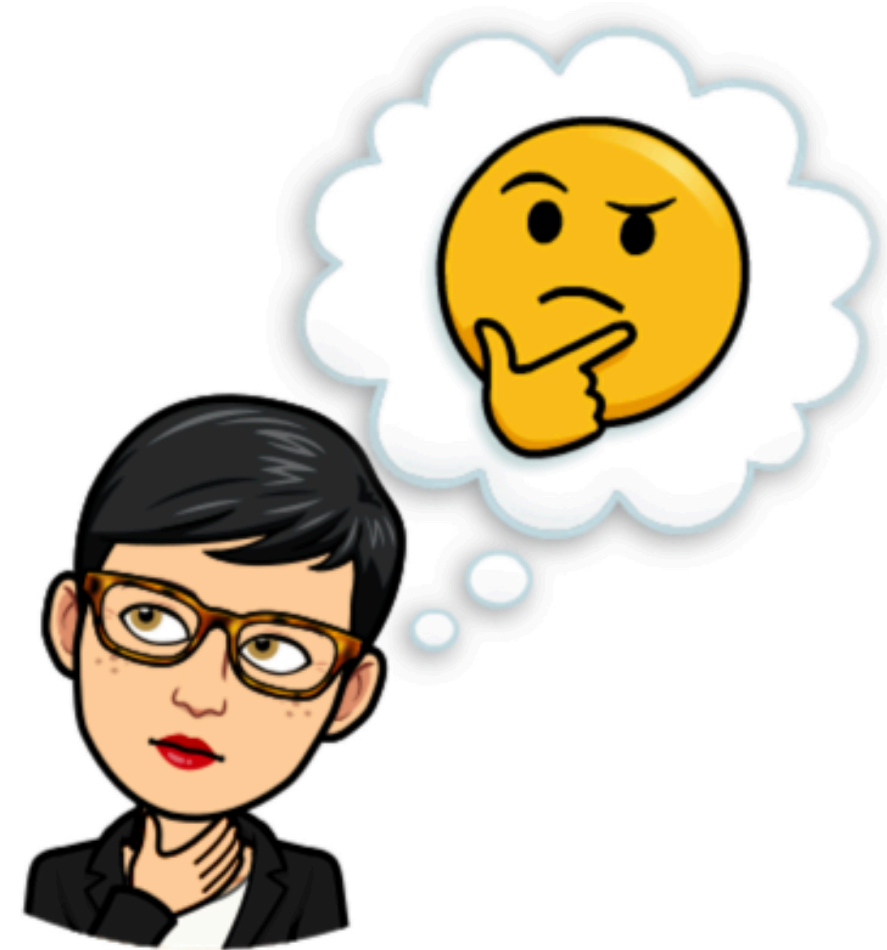
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### Questions we are working on ...

- When can I stop wiping everything down?
- When can I stop wearing a shield and mask all the time?
- When can I increase in-person visits again?
- How should I use virtual care in my practice moving forward?
- What do I do about unvaccinated patients in the future when my office is more normal again?
- ***Your question here please!!***







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