

Testing times

Primary care &
the fourth wave



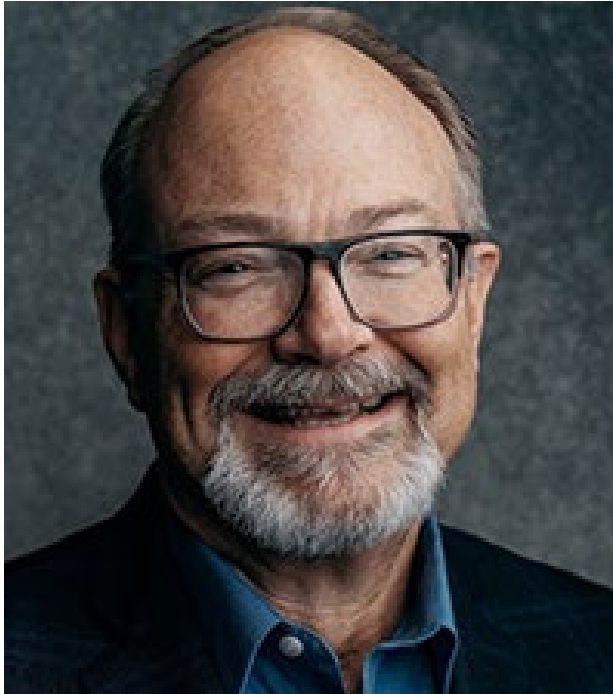
Calgary Zone
COVID-19 &
mental health
webinar series



SPEAKER: DISCLOSURES



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Mental health
& COVID-19



Dr. Rick Ward

Family Physician

Crowfoot Village Family Practice

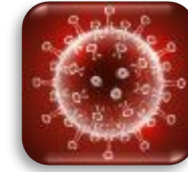
Medical Director, Primary Care,

Alberta Health Services (Calgary Zone)

Disclosures

- Shire
- Pfizer
- Merck
- BI
- AZ
- Janssen
- Takeda
- Servier
- BMS

CASE STUDIES: PRIMARY CARE PERSPECTIVES



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1

- A 55-year-old female grocery store worker going to visit her elderly parents. All are 'double vaccinated'.
- She developed a mild cough, nasal discharge, and sore throat a week ago.
- She wants to get 'checked out' prior to travelling out of province to see her parents.



CASE STUDIES: PRIMARY CARE PERSPECTIVES



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What would you do?



1. A virtual visit?
2. Bring into office for assessment with full PPE?
3. Have patient go for COVID-19 swab and assess after results?
4. Send to ER/UC for assessment?

CASE STUDIES: PRIMARY CARE PERSPECTIVES



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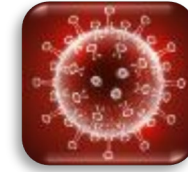


What would you do?



1. A virtual visit? **3%**
2. Bring into office for assessment with full PPE? **0%**
3. Have patient go for COVID-19 swab and assess after results? **97%**
4. Send to ER/UC for assessment? **0%**

CASE STUDIES: PRIMARY CARE PERSPECTIVES



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2

- A four-year-old – recently started pre-school where other children are sick
- Is on day 3 of an improving RTI history: initial fever, nasal discharge, and cough
- Currently appetite, activity level and symptoms are better – no fever
- Pre-school requests medical note before patient can return



CASE STUDIES: PRIMARY CARE PERSPECTIVES



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What would you do?

1. A virtual visit?
2. Bring into office for assessment with full PPE?
3. Have patient go for COVID-19 swab and assess after results?
4. Send to ER/UC for assessment?



CASE STUDIES: PRIMARY CARE PERSPECTIVES



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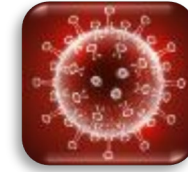


What would you do?

1. A virtual visit? 9%
2. Bring into office for assessment with full PPE? 9%
3. Have patient go for COVID-19 swab and assess after results? 82%
4. Send to ER/UC for assessment? 0%



CASE STUDIES: PRIMARY CARE PERSPECTIVES



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3

- A 15-year-old unvaccinated teen with unvaccinated parents and siblings
- Has a three-day history of progressive sore throat with fatigue and some cough
- ‘Sore glands’ and low-grade fever complete the clinical picture
- Mom wants teen checked out



CASE STUDIES: PRIMARY CARE PERSPECTIVES



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What would you do?

1. A virtual visit?
2. Bring into office for assessment with full PPE?
3. Have patient go for COVID-19 swab and assess after results?
4. Send to ER/UC for assessment?

CASE STUDIES: PRIMARY CARE PERSPECTIVES



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What would you do?

1. A virtual visit? **6%**
2. Bring into office for assessment with full PPE? **3%**
3. Have patient go for COVID-19 swab and assess after results? **87%**
4. Send to ER/UC for assessment? **3%**

CASE STUDIES: PRIMARY CARE PERSPECTIVES



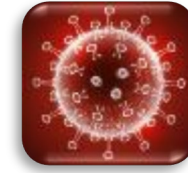
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4

- Mom calls about her three-year-old who has come down with fever and cough three days after a family gathering where non-immunized older cousin was coming down with RTI symptoms
- Although child has only been symptomatic for 36 hours, mom is concerned that child may have COVID-19 and wants to be seen



CASE STUDIES: PRIMARY CARE PERSPECTIVES



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What would you do?

1. A virtual visit?
2. Bring into office for assessment with full PPE?
3. Have patient go for COVID-19 swab and assess after results?
4. Send to ER/UC for assessment?

CASE STUDIES: PRIMARY CARE PERSPECTIVES



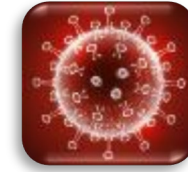
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What would you do?

1. A virtual visit? **16%**
2. Bring into office for assessment with full PPE? **22%**
3. Have patient go for COVID-19 swab and assess after results? **62%**
4. Send to ER/UC for assessment? **0%**

CASE STUDIES: PRIMARY CARE PERSPECTIVES



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- A 72-year-old man who lives in community
- Double vaccinated, history of T2DM and moderately severe COPD
- Calls in with a two-day history of progressive cough, fever 38.2 and change in his sputum colour



CASE STUDIES: PRIMARY CARE PERSPECTIVES



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What would you do?

1. A virtual visit?
2. Bring into office for assessment with full PPE?
3. Have patient go for COVID-19 swab and assess after results?
4. Send to ER/UC for assessment?

CASE STUDIES: PRIMARY CARE PERSPECTIVES



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What would you do?

1. A virtual visit? **22%**
2. Bring into office for assessment with full PPE? **41%**
3. Have patient go for COVID-19 swab and assess after results? **22%**
4. Send to ER/UC for assessment? **16%**