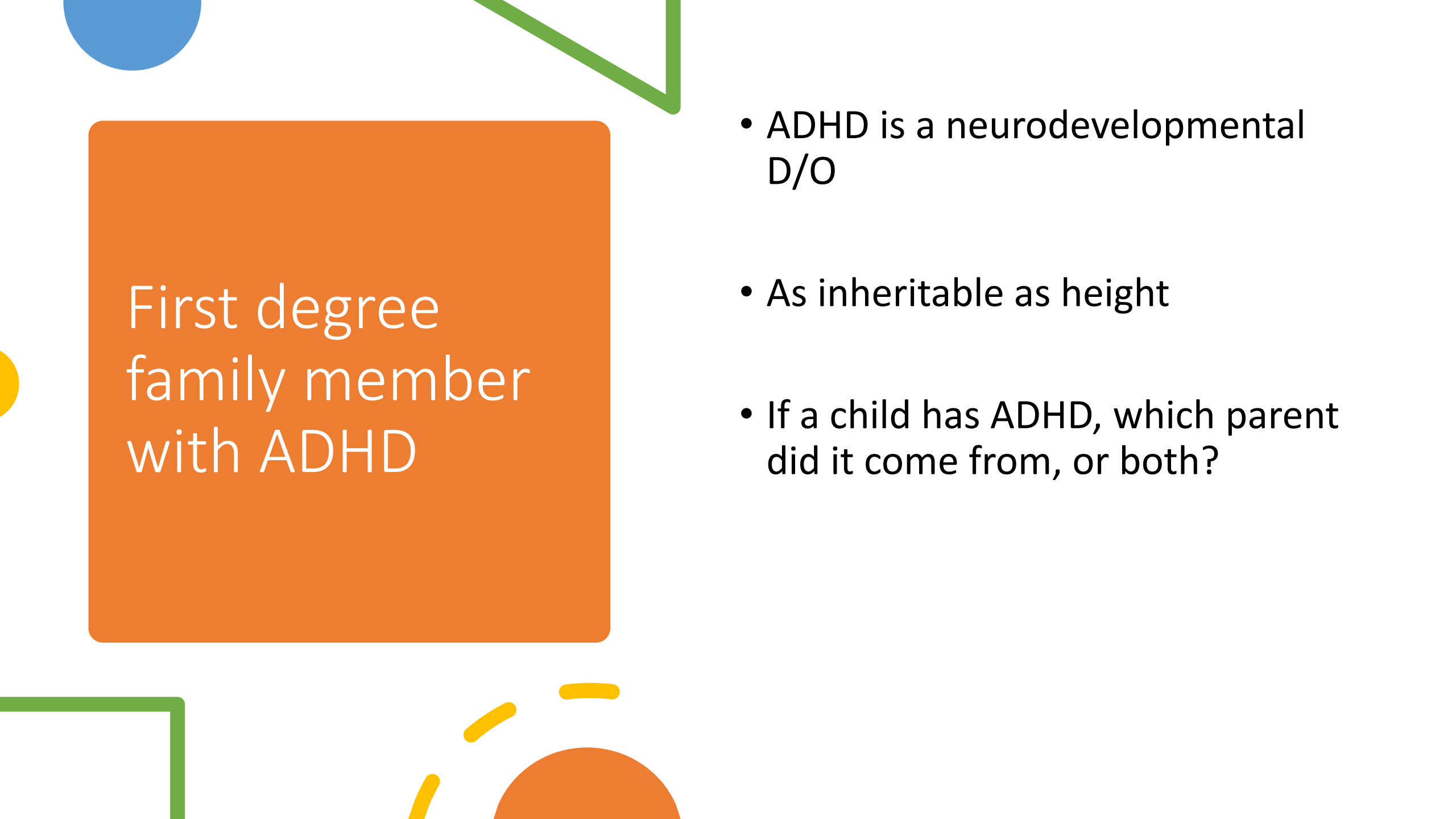




Practical tips for FPs to recognize ADHD in Adults

Sara Binder



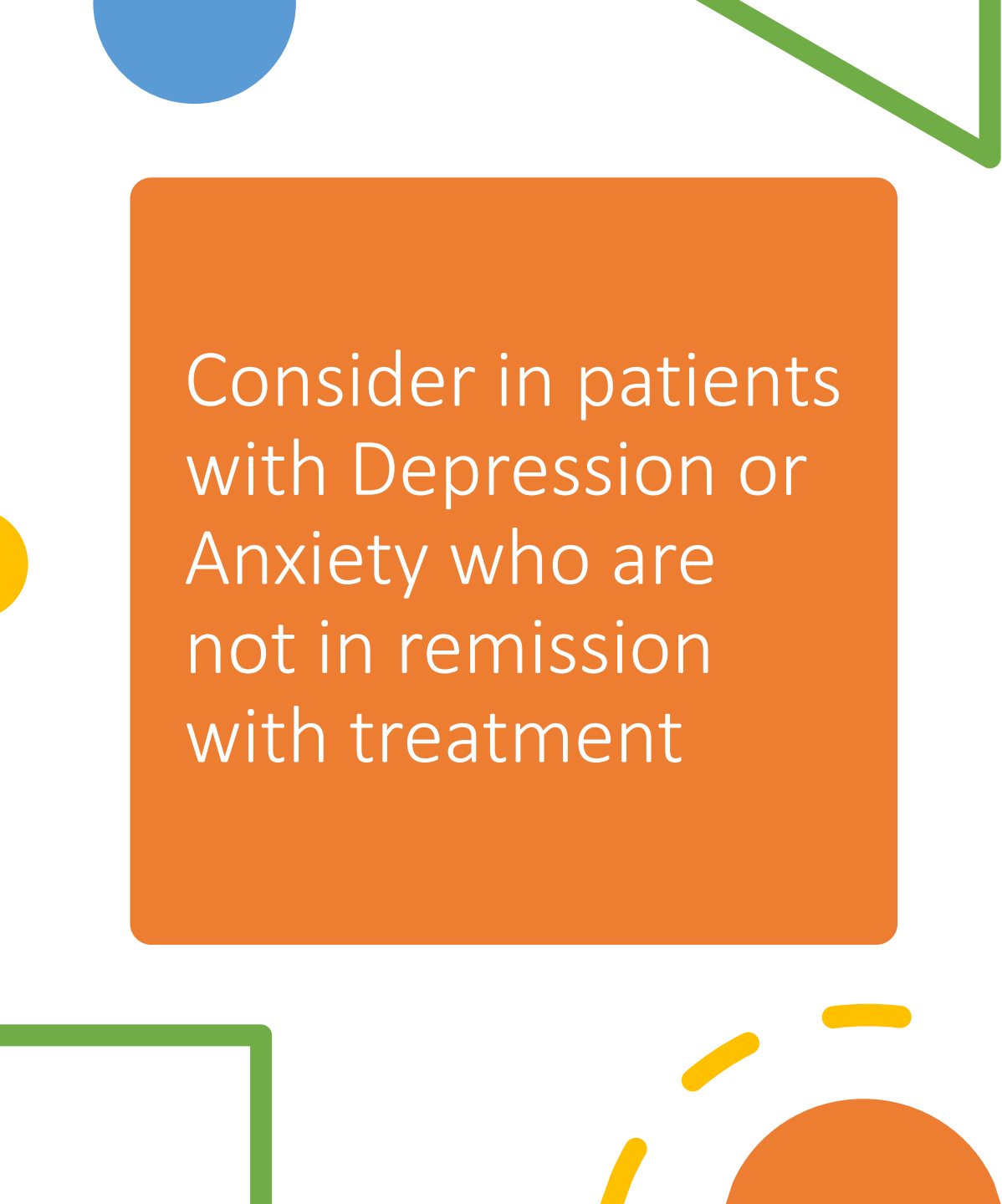
First degree
family member
with ADHD

- ADHD is a neurodevelopmental D/O
- As inheritable as height
- If a child has ADHD, which parent did it come from, or both?



Emotional Dysregulation

- Road Rage
- Domestic violence
- Marital discord
- Parenting difficulties
- Occupational challenges
- Hard to maintain friends
- Consider ADHD as a primary diagnosis (DDx Bipolar, Borderline)



Consider in patients
with Depression or
Anxiety who are
not in remission
with treatment

- High comorbidity of MDD and Anxiety
- Significant Functional Impairment
- Poor response to SSRI's
- Better response to Wellbutrin
- Tendency to self medicate with ETOH, pot, cocaine
- Social Anxiety due to inattention and impulsivity
- GAD "ADHD driven worries"



Addictive Behaviours

- ETOH/Drug Abuse
- Gambling
- Sex/Porn
- Internet
- Videogaming
- Binge Eating
- “Adrenaline junky”




Frequent Accidents & Injuries

- Multiple MVAs
- Many tickets
- Repeated HI/LOC or concussions
- Clumsy/Accident prone
- High risk sports
- Activities leading to injuries



Unplanned pregnancies or STI's

- Sexual promiscuity – impulsivity versus hypersexuality
- Tend not to use protection
- 20% higher STI
- 40% higher unplanned preg's



Post secondary
student with 1st
episode MDD or
Anxiety

- Loss of supports and scaffolding
 - Up late gaming/internet
 - Miss classes
 - Don't hand in assignments
 - Fall behind
 - Start to fail
 - Get anxious and avoid
 - Get depressed and isolate
- 