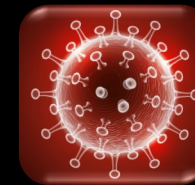


## COVID-19 PCN WEBINAR SERIES:

# The surge, pathway updates & mental health holiday tips

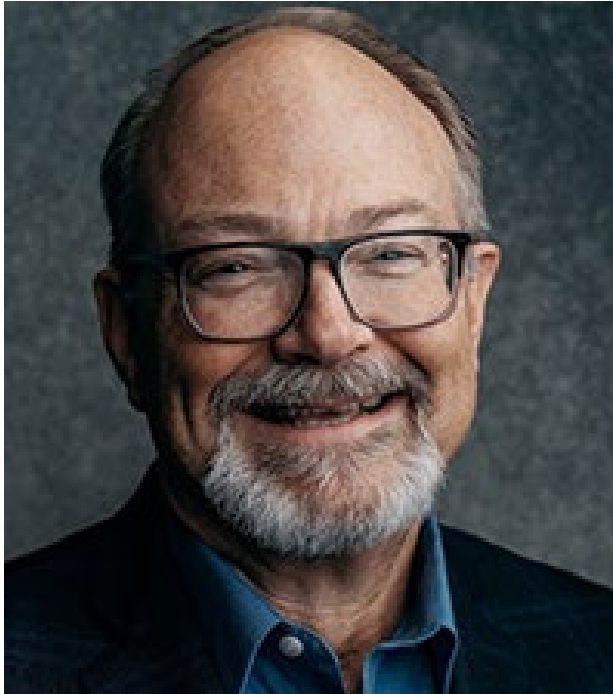
Hosted by Dr. Rick Ward  
November 23, 2020



Mental health  
& COVID-19  
**HOT**  
TOPICS

# MENTAL HEALTH & COVID-19

## DISCLOSURES



### **Dr. Rick Ward**

Family Physician

Crowfoot Village Family Practice

Medical Director, Primary Care,

Alberta Health Services (Calgary Zone)

### **Disclosures**

- Shire
- Pfizer
- Merck
- BI
- AZ
- Janssen
- Takeda
- Servier
- BMS

# MENTAL HEALTH & COVID-19

## HOT TOPICS



### Agenda

Time	Topic	Speaker
6:05-6:20 p.m.	Mental health: Tips for handling the holidays	Dr. Vanessa Chong
6:20-6:30 p.m.	Mental health Q&A	Dr. Vanessa Chong
6:30-6:40 p.m.	Hot topics: Infectious Disease	Dr. Michael Parkins
6:40-6:50 p.m.	Hot topics: Public Health	Dr. Jia Hu
6:50-7:10 p.m.	Hot topics: COVID-19 patient journey	Dr. Christine Luelo
7:10-7:30 p.m.	Hot topics: Pathway updates	Dr. Rick Ward
7:30-7:45 p.m.	Hot topics: Managing virtual care	Panel discussion
7:45-8 p.m.	Roundtable comments	Panel discussion

## COVID-19 pathway updates

- Updated adult pathway
- Updated pediatric isolation and testing pathway
- Updated pediatric clinical management pathway
- All on [specialistlink.ca](https://specialistlink.ca)
- Click on either 'COVID-19' tab or 'CLINICAL PATHWAYS' tab

Cardiology



COVID-19



**NEW!** COVID-19 pediatric outpatient clinical management pathway



**NEW!** COVID-19 pediatric testing and isolation pathway



**NEW!** COVID-19 primary care adult pathway

Endocrinology



Gastroenterology

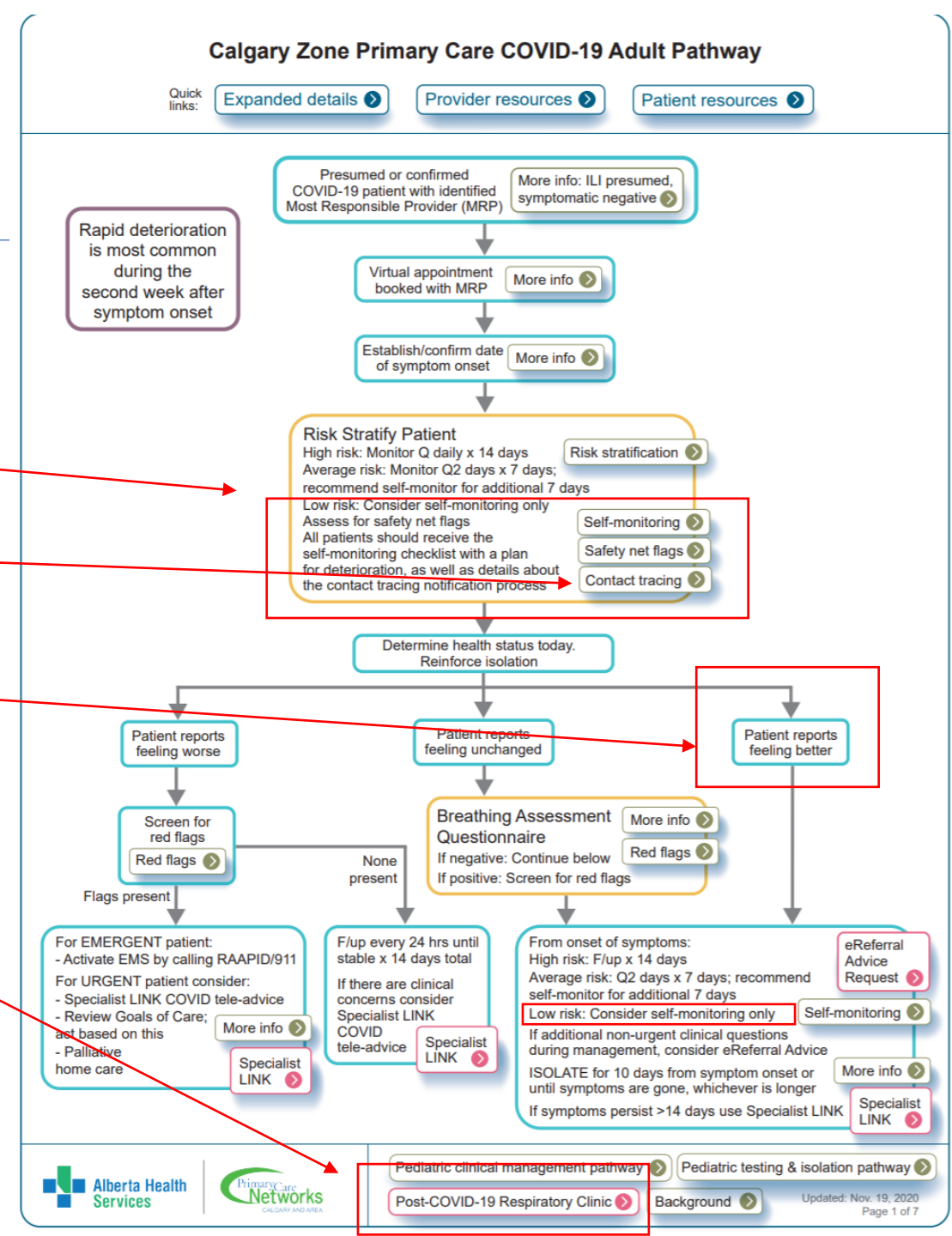


# PATHWAY UPDATES

DR. RICK WARD

## Adult pathway

- Addition of low risk; consider self-monitoring
- Contact tracing changes (three priority groups + new tool)
- Amended pathway for patient who reports feeling better
- Post-COVID-19 Respiratory Clinic at Rockyview

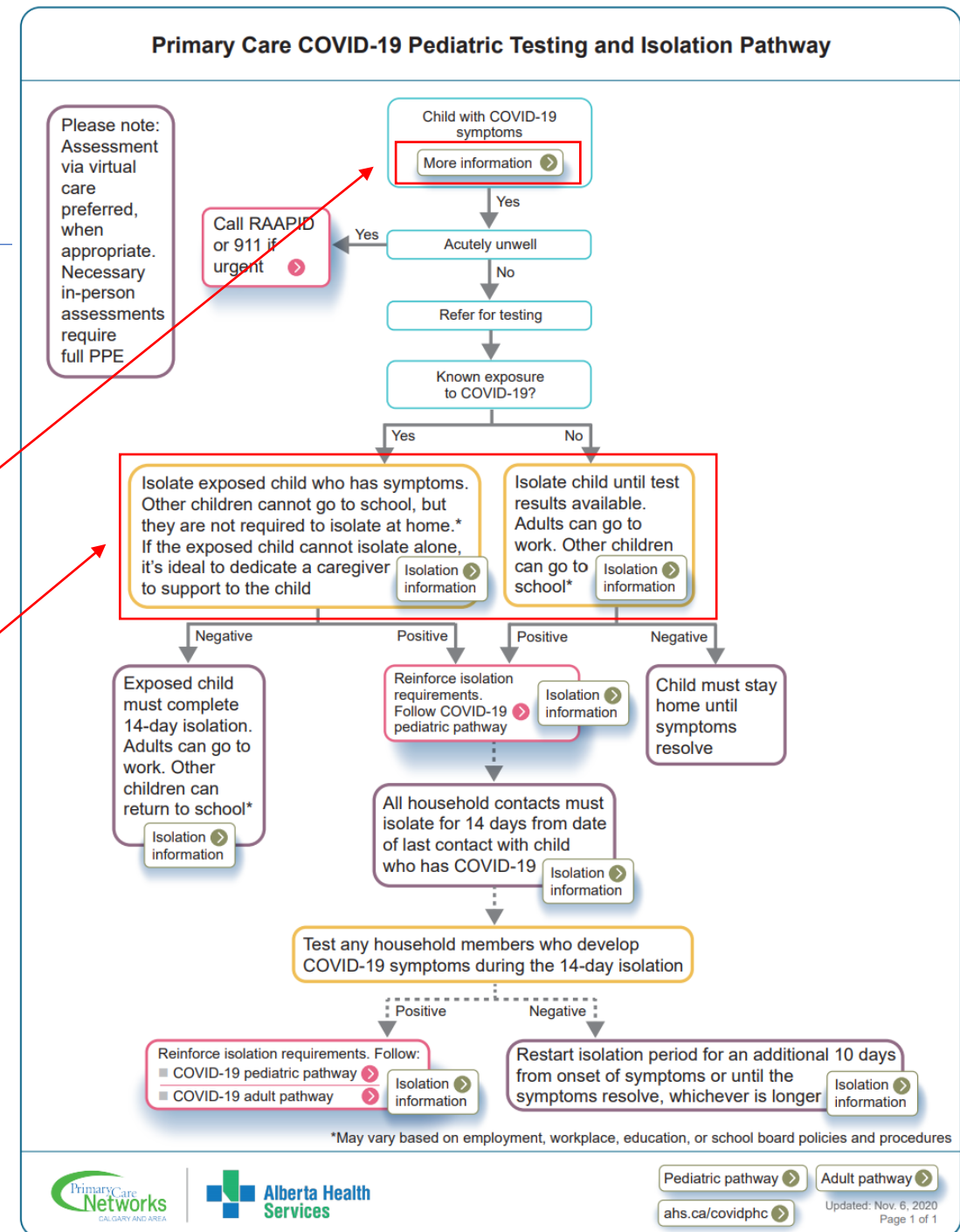


# PATHWAY UPDATES

DR. RICK WARD

## Pediatric isolation & testing pathway

- Runny nose, sore throat removed from list of symptoms that require mandatory isolation
- Isolation protocol updated as a result; child with one symptom no longer tested, does not stay home 10 days
- Asymptomatic testing no longer available (with some exceptions)

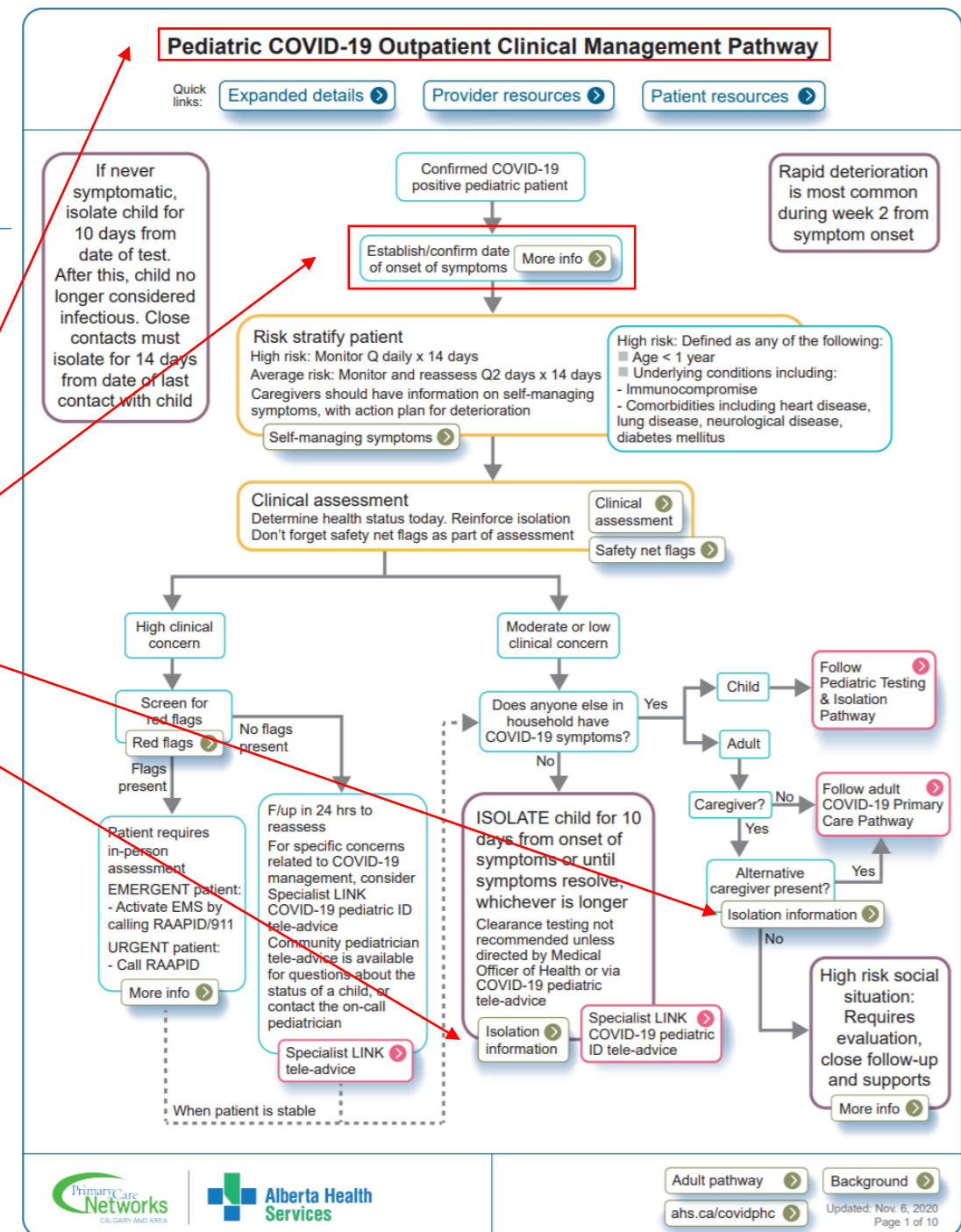


# PATHWAY UPDATES

DR. RICK WARD

## Pediatric outpatient clinical management pathway

- Name changed from 'pediatric pathway'
- As with isolation and testing pathway, symptom list and isolation requirements updated to reflect changes
- Updated guidance for parents





# ROUNDTABLE DISCUSSION

DR. RICK WARD & DR. CHRISTINE LUELO



Mental health  
& COVID-19  
**HOT**  
TOPICS

## Hot topics Q&A





# MENTAL HEALTH & COVID-19

## WRAPPING UP



## Thank you for joining us!

- This is our 10<sup>th</sup> webinar since March 10
- More than 11,000 views to date
- See you in February 2021!
- Comments, feedback & ideas welcome:  
[info@calgaryareapcns.ca](mailto:info@calgaryareapcns.ca)



## Special thanks to our speakers & panel

- Dr. Andrew Baxter
- Dr. Jeremy Beach
- Jennifer Beaudry
- Dr. Amanda Berg
- Dr. Sara Binder
- Dr. Paul Boucher
- Dr. John Conly
- Dr. Cora Constantinescu
- Dr. Brian Cornelson
- Dr. Oliver David
- Dr. Michael From
- Dr. Ethan Flynn
- Dr. John Gill
- Dr. Michelle Grinman
- Dr. Rachel Han
- Dr. Jia Hu
- Dr. Christine Luelo
- Dr. Kathleen Moncrieff
- Dr. Tina Nicholson
- Dr. Margie Oakander
- Dr. Michael Parkins
- Dr. Tammy Paulgaard-McKnight
- Dr. David Piesas
- Joanne Pitman
- Dr. Janet Reynolds
- Dr. Dino Smiljic
- Dr. Adam Vyse
- Dr. Brandie Walker
- Dr. Rick Ward
- Dr. Chris Wilkes
- Fleur Yumol

# MENTAL HEALTH & COVID-19

## WRAPPING UP



## Evaluation, certificate of attendance

Thank you for your feedback



- Complete the online evaluation form to receive your ticket of attendance:  
<https://survey.albertahealthservices.ca/TakeSurvey.aspx?SurveyID=I2L15o3MH#>