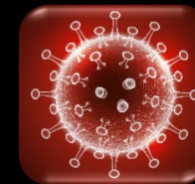


Second Wave **SURGE**

Jia Hu
Medical Officer of Health
November 23, 2020



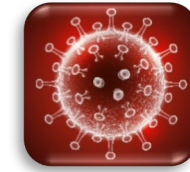
Mental health
& COVID-19
HOT
TOPICS

Dr. Jia Hu

- Medical Officer of Health – Alberta Health Services; works with Alberta Health on tech solutions
- Corporate Medical Director – Canadian Pension Plan Investment Board (via Cleveland Clinic Canada)
- Research funding from CIHR, NSERC, DND, CMA, CFPC, Pharma, etc.
- Family doctor (East FCC locum, LTC – Rouleau Manor, walk-ins) – on hiatus during the pandemic

WHERE WE ARE NOW

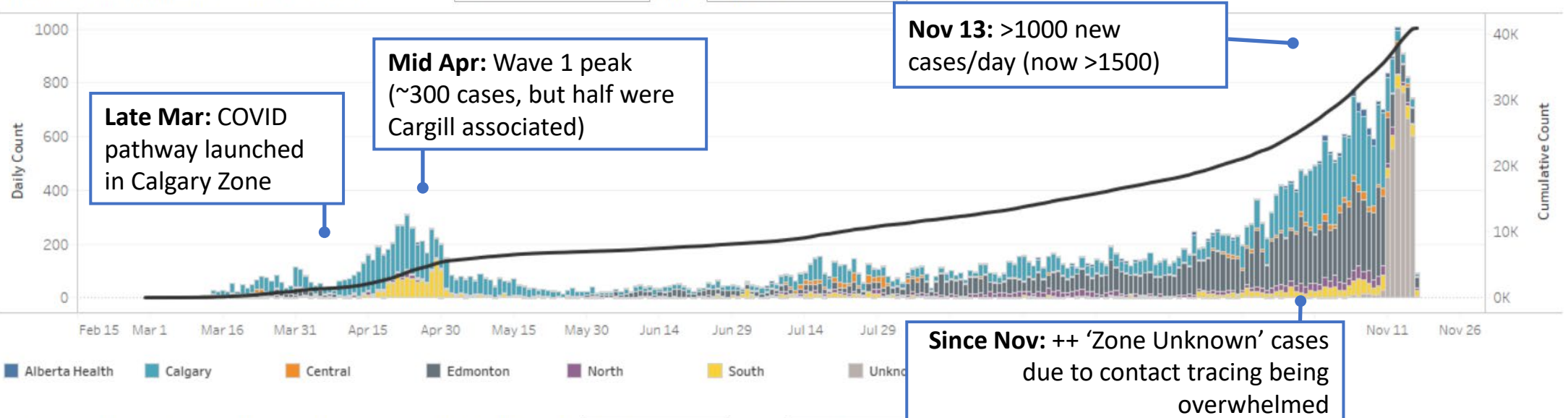
JIA HU



Mental health
& COVID-19
HOT
TOPICS

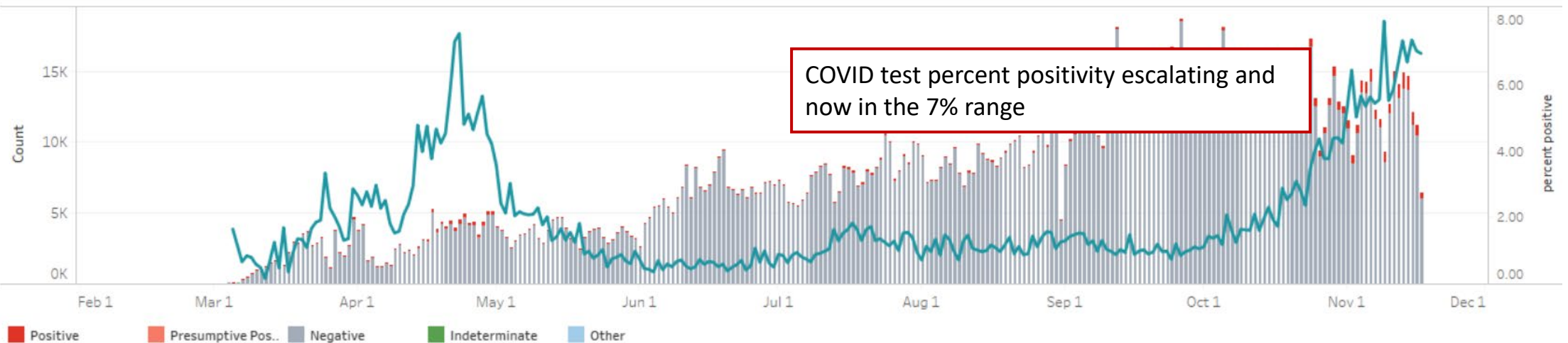
Epicurve and cumulative total of cases by

Zone and Diagnosis Date



Epicurve of ProvLab tests (bars) and percent positivity (lines) by

Test Result and Lab Test Reporting Date for All tests



HOT TOPICS FROM MOH

JIA HU



Influenza

- Basically – we have no cases (which is great news!); also we have more vaccine uptake this time of year compared to prior years
- Unclear what we should expect as Southern Hemisphere had almost no cases

Contact Tracing

- Significant changes have been made to contact tracing
- SMS Notification of COVID+ and COVID – (for those who sign up)
 - Text basically to COVID+ asks: (1) Are you a HCW? (2) Are you symptomatic? (3) Neither – also sends to a portal where contacts can be added
- SMS Notification to clear cases of isolation

Schools

- Lots of cases, very little in-school transmission (aggressive class-based exclusion)
- I am more concerned about learning disruption than COVID-19

SMS SCREENSHOTS

NEGATIVE TEST



NEGATIVE (IceAlert):

URGENT from AHS

*

COVID-19 Test Result:

*

<FirstName> is NEGATIVE for COVID-19. Visit ahs.ca/results for more information including isolation directions.

*

For any health concerns or questions about your result, call your family doctor or Health Link at 811. For a medical emergency call 911.

Do Not Reply

SMS SCREENSHOTS

POSITIVE TEST



POSITIVE (IceAlert):

URGENT FROM AHS

*

COVID19 Test Result:

*

<FirstName> is POSITIVE for COVID-19. You must self-isolate immediately. Go to ahs.ca/positiveresult to start identifying your close contacts and get further health guidance.

*

AHS recommends you notify your family doctor (or nurse practitioner) with the result of your test for the purpose of follow-up care.

*

For additional questions, call Health Link at 811. For a medical emergency call 911.

Do Not Reply

NOTIFICATIONS

POSITIVE TEST



www.ahs.ca/positiveresult

If You Have a Positive Swab Test Result

Follow these steps immediately to help protect yourself and others around you.



Step 1: Self-Isolate Immediately

If you **have symptoms** and your test result for COVID-19 is positive, you are legally required to [self-isolate](#) for 10 days from when your symptoms started or until resolved (whichever is longer).

If you **have not had any symptoms**, but your test is positive, you are legally required to [self-isolate](#) for 10 days from the date you were tested; this date will change if you develop symptoms.



Step 2: Identify Close Contacts Immediately

Complete the [COVID-19 Close Contacts Identification Guide](#) and then enter all information into the [COVID-19 Close Contacts Tool](#) to identify your close contacts.

Once submitted, contact tracers will review all close contacts and a text message notification will be delivered to all close contacts whose mobile numbers are entered into the tool. Learn more about the [contact tracing process](#). Start identifying your [close contacts now](#).

[COVID-19 Close Contacts Tool](#) >



Step 3: Get Informed

Learn more about [Close Contacts of a COVID-19 Case](#).

Note: All individuals who test positive for COVID-19 will be contacted by a member of the AHS Public Health team for follow-up and case management.

COVID-19 Close Contact Tool

To start listing COVID-19 close contacts for yourself or the person who tested positive (e.g. your child or someone you are the guardian of), please provide the following information.

Personal Information

* - Denotes required fields

Legal First Name *

Legal Last Name *

Affirmed (Preferred) Name

Gender *

Mobile Phone Number *

Alternate Phone Number

Email Address *

Alberta Healthcare Number

Do you have [COVID-19 symptoms](#)? *

Submit

SMS SCREENSHOTS

RELEASE FROM ISOLATION



<FirstName>, your isolation period has ended UNLESS: you have had a fever in the last 24 hours, your other COVID-19 symptoms have not improved or you have a weakened immune system. If any of these apply, you MUST remain in isolation for 14 days after you became sick with COVID-19

*

If fever continues past 14 days or your COVID-19 symptoms are getting worse, continue to isolate and call your doctor or 811

*

For a medical emergency, call 911 or go to your nearest emergency department and tell them that you tested positive for COVID-19

*

AHS recommends you notify your family doctor (or nurse practitioner) with the result of your test for follow-up care.

*

Visit ahs.ca/isolationinformation

*

Do Not Reply