

High Risk Iron Deficiency Anemia (IDA) Pathway for Colorectal and other GI Cancer Diagnoses – Referral Checklist

Patient label placed here (if applicable) or if labels are not used, minimum information below is required.

Name (last, first) _____

Birthdate (yyyy-Mon-dd) _____

Phone number _____

Address _____

PHN _____ Gender _____

Fax referral form AND referral checklist below to SHARP-GI in Edmonton at 780-670-3607 or GI-CAT in Calgary at 403-944-6540

REQUIRED FOR REFERRAL - High risk IDA must be accompanied by presence of urgent or semi-urgent symptoms below to proceed with referral using the high risk IDA pathway

Signs of Iron Deficiency Anemia (IDA) – BOTH must be present to meet criteria for High Risk IDA
 Hb <130g/L (male) or <120g/L (female), **AND** Serum Ferritin below lower limit of normal

REQUIRED FOR URGENT REFERRAL – Should be evaluated within 2 weeks by colonoscopy

IDA with Hb <110 g/L (Men) / <100 g/L (Women), **OR**
IDA with at least one of the following alarm symptoms not previously investigated by complete colonoscopy in the last 2 years (check all that apply):

- Significant diarrhea, as can occur in inflammatory bowel disease (IBD)
- Unintentional weight loss (≥ 5-10% of body weight over 6 months)
- Significant and progressive change in bowel habit
- Significant abdominal pain

REQUIRED FOR SEMI-URGENT REFERRAL – Should be evaluated < 8 weeks by colonoscopy

IDA with Hb between 110-130 g/L (Men) **OR**
 IDA with Hb between 100-120 g/L (Women)

INVESTIGATIONS THAT WILL ASSIST WITH TRIAGE (check all that apply)

Anti-platelet agents and/or anti-coagulants (please attach medication list)
 Results of physical exam (rectal exam strongly advised if change in bowel habit, or lower abdominal pain): _____

Baseline Investigations within 8 weeks of referral – results attached **available on Netcare**

<input type="checkbox"/> CBC (Required)	<input type="checkbox"/> Transferrin Saturation	<input type="checkbox"/> ALT
<input type="checkbox"/> Serum Ferritin (Required)	<input type="checkbox"/> Creatinine	<input type="checkbox"/> CRP (if indicated)
<input type="checkbox"/> TTG (Required)	<input type="checkbox"/> Alkaline Phosphatase	
<input type="checkbox"/> Serum Iron	<input type="checkbox"/> Bilirubin	
<input type="checkbox"/> TIBC		

Type of referral	Is your patient aware of the referral?
<input type="checkbox"/> Urgent (< 2 weeks to gastroscopy and/or colonoscopy)	<input type="checkbox"/> Yes
<input type="checkbox"/> Semi-urgent (< 8 weeks to gastroscopy and/or colonoscopy)	<input type="checkbox"/> No Reason: _____

Referred By (Name): _____ Family Physician Name (if different): _____

Family Physician Walk-In Clinic Emergency Dept. Other