

Memorandum

Date: December 31, 2020

To: Calgary Zone Adult Acute Care Sites

From: Division of Respiriology

RE: Post COVID Pulmonary Clinic

A post-COVID pulmonary clinic was established at Rockyview General Hospital in September 2020 and a second site will be established at Peter Lougheed Centre in early 2021. Indications for referral include:

- (1) Documented COVID + swab
- (2) Persistent pulmonary/chest symptoms for at least 12 weeks post original diagnosis date (either new if no prior lung disease or above baseline if pre-existing lung disease)

Referrals should be submitted to “POST-COVID Clinic” through Pulmonary Central Triage with an indication for preferred location. Please do NOT specify a specific physician. Patients will be seen by a physician and connected with a physiotherapist affiliated with the clinic if indicated.

If clinicians require advice regarding the management of patients with recent COVID but less than 12 weeks of symptoms these referrals should be processed through usual PCAT avenues and directed to general respirology clinics as indicated. If clinicians require urgent phone advice please contact the respirologist on call or respirology specialist link.

Please note this clinic has a focus on chronic pulmonary symptoms following COVID infections. If there are concerns regarding extrapulmonary, neurologic, mental health, or constitutional symptoms please refer to the appropriate specialist service as indicated.

Thank-you